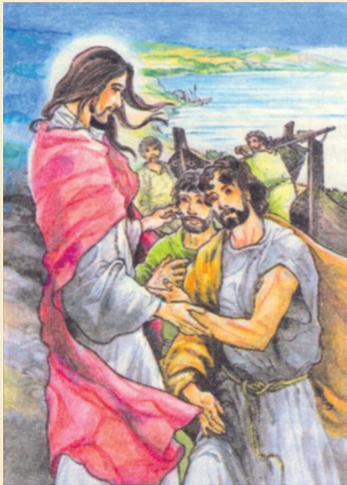


# The Eucharist

20 June 2021 ♦ 12th SUNDAY IN ORDINARY TIME



In the Bible, the sea, the wind and the storm are seen as forces of evil and chaos, forces only God can control. When the storm suddenly hit the Apostles they were overcome with fear and their faith failed them. Mark assures us that Jesus is in the boat with us; with him we can weather any storm in life. We only need to abandon ourselves to the God of love, the Father of all that is good.



*'Why are you so frightened?  
How is it that you have no faith?'*

## FIRST READING

*(Job 3:1.8-11)*

Today's First Reading underscores God's mastery over the watery chaos. The watery chaos also symbolises the trials and tribulations which the righteous suffer, and from which only the power of God can save them.

## SECOND READING

*(2 Corinthians 5:14-17)*

The sentiment of Mark in the Gospel is echoed by St Paul in his Second Letter to the church of Corinth: that we do not look upon Jesus as a wonder-worker, but rather as the crucified one who offered himself in love; this great love of Jesus is what impels us to live by his values.

## GOSPEL

*(Mark 4:35-41)*

The gist of today's Gospel is found in the last sentence of the parable, 'Who can this be? Even the wind and the sea obey him.' Mark recounts this story to terrified and persecuted disciples. Mark reassures them of the Risen Christ's constant presence in the 'storms' they struggle through for the sake of their faith in him. It is in all sorts of difficulties and trials that the Lord is most present, quietly in control of everything.

## THE INTRODUCTORY RITES

### Entrance Antiphon

*(Cf. Ps 27:8-9)*

**The Lord is the strength of his people,  
a saving refuge for the one he has anointed.  
Save your people, Lord, and bless your heritage,  
and govern them for ever.**

In the name of the Father, and of the Son,  
and of the Holy Spirit.

**Amen.**

The grace of our Lord Jesus Christ, and the love of God,  
and the communion of the Holy Spirit be with you all.  
**And with your spirit.**

### Penitential Act

Brethren (brothers and sisters),  
let us acknowledge our sins,  
and so prepare ourselves  
to celebrate the sacred mysteries.

*A brief pause for silence follows.*

**I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,**

*And, striking their breast, they say:*

**through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.**

May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.

**Amen.**

Lord, have mercy.

**Lord, have mercy.**

Christ, have mercy.

**Christ, have mercy.**

Lord, have mercy.

**Lord, have mercy.**

### Gloria

**Glory to God in the highest,  
and on earth peace to people of good will.**

**We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,**

you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.

### Collect

Grant, O Lord,  
that we may always revere and love your holy name,  
for you never deprive of your guidance  
those you set firm on the foundation of your love.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.  
Amen.

## THE LITURGY OF THE WORD

### FIRST READING

(Job 3:1-11)

A reading from the book of Job.

From the heart of the tempest the Lord gave Job his answer.  
He said:

Who pent up the sea behind closed doors  
when it leapt tumultuous out of the womb,  
when I wrapped it in a robe of mist  
and made black clouds its swaddling bands;  
when I marked the bounds it was not to cross  
and made it fast with a bolted gate?  
Come thus far, I said, and no farther:  
here your proud waves shall break.

The word of the Lord.

Thanks be to God.

### RESPONSORIAL PSALM

(Ps 106:23-26.28-31)

℟ **O give thanks to the Lord,  
for his love endures for ever.**

1. Some sailed to the sea in ships  
to trade on the mighty waters.  
These men have seen the Lord's deeds,  
the wonders he does in the deep. ℟
2. For he spoke; he summoned the gale,  
tossing the waves of the sea  
up to heaven and back into the deep;  
their soul melted away in their distress. ℟
3. Then they cried to the Lord in their need  
and he rescued them from their distress.  
He stilled the storm to a whisper:  
all the waves of the sea were hushed. ℟
4. They rejoiced because of the calm  
and he led them to the haven they desired.  
Let them thank the Lord for his love,  
the wonders he does for men. ℟

### SECOND READING

(2 Cor 5:14-17)

A reading from the second letter of St Paul  
to the Corinthians.

The love of Christ overwhelms us when we reflect that if one man has died for all, then all men should be dead; and the reason he died for all was so that living men should live no longer for themselves, but for him who died and was raised to life for them.

From now onwards, therefore, we do not judge anyone by the standards of the flesh. Even if we did once know Christ in the flesh, that is not how we know him now. And for anyone who is in Christ, there is a new creation; the old creation has gone, and now the new one is here.

The word of the Lord.

Thanks be to God.

### GOSPEL ACCLAMATION

(Cf. Eph 1:17-18)

Alleluia, alleluia!

May the Father of our Lord Jesus Christ

enlighten the eyes of our mind,

so that we can see what hope his call holds for us.

Alleluia!

### GOSPEL

(Mk 4:35-41)



The Lord be with you.

And with your spirit.

A reading from the holy Gospel  
according to Mark.

Glorify to you, O Lord.

With the coming of evening, Jesus said to his disciples, 'Let us cross over to the other side.' And leaving the crowd behind they took him, just as he was, in the boat; and there were other boats with him. Then it began to blow a gale and the waves were breaking into the boat so that it was almost swamped. But he was in the stern, his head on the cushion, asleep. They woke him and said to him, 'Master, do you not care? We are going down!' And he woke up and rebuked the wind and said to the sea, 'Quiet now! Be calm!' And the wind dropped, and all was calm again. Then he said to them, 'Why are you so frightened? How is it that you have no faith?' They were filled with awe and said to one another, 'Who can this be? Even the wind and the sea obey him.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

### Profession of Faith

(Nicene Creed)

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

*At the words that follow, up to and including  
and became man, all bow.*

and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored  
and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

*The priest introduces the Prayer of the Faithful.*

## THE LITURGY OF THE EUCHARIST

*Offering the bread, the priest says:*

Blessed are you, Lord God of all creation,  
for through your goodness we have received  
the bread we offer you:

fruit of the earth and work of human hands,  
it will become for us the bread of life.

**Blessed be God for ever.**

*Offering the chalice, the priest says:*

Blessed are you, Lord God of all creation,  
for through your goodness we have received  
the wine we offer you:

fruit of the vine and work of human hands,  
it will become our spiritual drink.

**Blessed be God for ever.**

Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

**May the Lord accept the sacrifice at your hands  
for the praise and glory of his name,  
for our good  
and the good of all his holy Church.**

### Prayer over the Offerings

Receive, O Lord, the sacrifice of conciliation and praise  
and grant that, cleansed by its action,  
we may make offering of a heart pleasing to you.  
Through Christ our Lord.

**Amen.**

### Eucharistic Prayer III

*(Preface III of the Sundays in Ordinary Time)*

The Lord be with you.

**And with your spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just.**

It is truly right and just, our duty and our salvation,  
always and everywhere to give you thanks,  
Lord, holy Father, almighty and eternal God.

For we know it belongs to your boundless glory,  
that you came to the aid of mortal beings with your divinity  
and even fashioned for us a remedy out of mortality itself,  
that the cause of our downfall  
might become the means of our salvation,

through Christ our Lord.

Through him the host of Angels adores your majesty  
and rejoices in your presence for ever.

May our voices, we pray, join with theirs  
in one chorus of exultant praise, as we acclaim:

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

You are indeed Holy, O Lord,

and all you have created  
rightly gives you praise,  
for through your Son our Lord Jesus Christ,  
by the power and working of the Holy Spirit,  
you give life to all things and make them holy,  
and you never cease to gather a people to yourself,  
so that from the rising of the sun to its setting  
a pure sacrifice may be offered to your name.

Therefore, O Lord, we humbly implore you:  
by the same Spirit graciously make holy  
these gifts we have brought to you for consecration,  
that they may become the Body and Blood  
of your Son our Lord Jesus Christ,  
at whose command we celebrate these mysteries.

For on the night he was betrayed  
he himself took bread,  
and, giving you thanks, he said the blessing,  
broke the bread and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended,  
he took the chalice,  
and, giving you thanks, he said the blessing,  
and gave the chalice to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT,  
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

The mystery of faith.

**We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

Therefore, O Lord, as we celebrate the memorial  
of the saving Passion of your Son,  
his wondrous Resurrection  
and Ascension into heaven,  
and as we look forward to his second coming,  
we offer you in thanksgiving  
this holy and living sacrifice.

Look, we pray, upon the oblation of your Church  
and, recognising the sacrificial Victim by whose death  
you willed to reconcile us to yourself,  
grant that we, who are nourished  
by the Body and Blood of your Son  
and filled with his Holy Spirit,  
may become one body, one spirit in Christ.

May he make of us  
an eternal offering to you,  
so that we may obtain an inheritance with your elect,  
especially with the most Blessed Virgin Mary,

Mother of God,  
with blessed Joseph, her Spouse,  
with your blessed Apostles and glorious Martyrs  
(with Saint N.: the Saint of the day or Patron Saint)  
and with all the Saints,  
on whose constant intercession in your presence  
we rely for unfailing help.

May this Sacrifice of our reconciliation,  
we pray, O Lord,  
advance the peace and salvation of all the world.  
Be pleased to confirm in faith and charity  
your pilgrim Church on earth,  
with your servant N. our Pope and N. our Bishop,  
the Order of Bishops, all the clergy,  
and the entire people you have gained for your own.

Listen graciously to the prayers of this family,  
whom you have summoned before you:  
in your compassion, O merciful Father,  
gather to yourself all your children  
scattered throughout the world.

To our departed brothers and sisters  
and to all who were pleasing to you  
at their passing from this life,  
give kind admittance to your kingdom.  
There we hope to enjoy for ever the fullness of your glory  
through Christ our Lord,  
through whom you bestow on the world all that is good.

Through him, and with him, and in him,  
O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honour is yours,  
for ever and ever.

**Amen.**

## THE COMMUNION RITE

At the Saviour's command  
and formed by divine teaching,  
we dare to say:

**Our Father, who art in heaven, ....**

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.

**For the kingdom,  
the power and the glory are yours  
now and for ever.**

Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity

in accordance with your will.  
Who live and reign for ever and ever.

**Amen.**

The peace of the Lord be with you always.

**And with your spirit.**

*The priest may invite the people to exchange a sign of peace  
and Christian fellowship. As the priest breaks the consecrated  
Host the following is sung or said:*

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
grant us peace.**

*Showing the Eucharist to the people, the priest says:*

Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

**Communion Antiphon**

*(Ps 144:15)*

**The eyes of all look to you, Lord,  
and you give them their food in due season.**

**Prayer after Communion**

Renewed and nourished  
by the Sacred Body and Precious Blood of your Son,  
we ask of your mercy, O Lord,  
that what we celebrate with constant devotion  
may be our sure pledge of redemption.  
Through Christ our Lord.

**Amen.**

## THE CONCLUDING RITES

The Lord be with you.

**And with your spirit.**

May almighty God bless you,  
the Father, and the Son, ✠ and the Holy Spirit.

**Amen.**

Go in peace, glorifying the Lord by your life.  
Thanks be to God.

**Personal Prayer**

God is our refuge and strength, a very present help  
in trouble.

Therefore we will not fear though the earth  
should change,  
though the mountains shake in the heart of the sea;  
though its waters roar and foam, though the mountains  
tremble with its tumult.

God is in the midst of the city; it shall not be moved;  
God will help it when the morning dawns.

The Lord of hosts is with us; the God of Jacob is our  
refuge. (from Psalm 46)