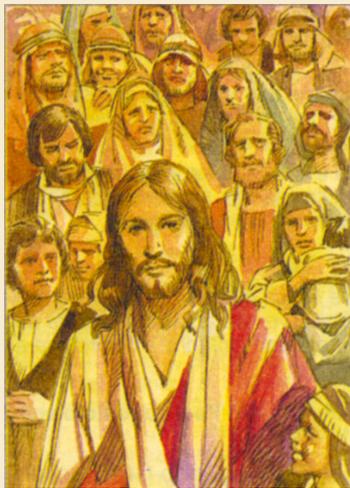


The Eucharist

18 July 2021 ✦ 16th SUNDAY IN ORDINARY TIME



At Sunday Mass we gather with Christ, the Good Shepherd. He has compassion for us as he once had for the people on the lake shore. So he teaches us, as we listen in the first part to his word. In the second part, he prepares a banquet for us in Holy Communion. The priest presiding at the table of the Eucharist renders Christ present through his actions. The Church's pastoral ministry is the work of shepherding like Christ.



Jesus took pity on the crowd because they were like sheep without a shepherd.

FIRST READING *(Jeremiah 23:1-6)*

The ideas of shepherd and king are closely connected in the Scriptures. We see the two roles in the life of David, the shepherd boy taken out to rule Israel. The Messiah, from the line of David, would also be a king and shepherd.

SECOND READING *(Ephesians 2:13-18)*

It is through the death of Christ on the Cross that salvation has come to all. In St Paul's time the coming together of Jew and Gentile makes the new people. The dictates of the old Law no longer are the way to justification. Instead through grace the Christian is able to observe the new law.

GOSPEL *(Mark 6:30-34)*

Jesus has compassion on the crowd that has need of teaching and guidance. His teaching is given with authority. It is confirmed by miracles as he goes on to feed the multitude in the desert. The Church always needs shepherds prepared to teach and build up the unity of the flock.

THE INTRODUCTORY RITES

Entrance Antiphon

(Ps 53:6.8)

**See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.**

In the name of the Father, and of the Son,
and of the Holy Spirit.

Amen.

The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit
be with you all.

And with your spirit.

Penitential Act

Brethren (brothers and sisters),
let us acknowledge our sins,
and so prepare ourselves
to celebrate the sacred mysteries.

A brief pause for silence follows.

**I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,**

And, striking their breast, they say:

**through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**

May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

Amen.

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.

**Lord, have mercy.
Christ, have mercy.
Lord, have mercy.**

Gloria

**Glory to God in the highest,
and on earth peace to people of good will.**

**We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

Collect

Show favour, O Lord, to your servants and mercifully increase the gifts of your grace, that, made fervent in hope, faith and charity, they may be ever watchful in keeping your commands. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.
Amen.

THE LITURGY OF THE WORD

FIRST READING

(Jer 23:1-6)

A reading from the prophet Jeremiah.
‘Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered – it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds – it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them any more; not one shall be lost – it is the Lord who speaks!

‘See, the days are coming – it is the Lord who speaks –
when I will raise a virtuous Branch for David, who will reign as true king and be wise, practising honesty and integrity in the land. In his days Judah will be saved and Israel dwell in confidence. And this is the name he will be called: The Lord-our-integrity.’

The word of the Lord.
Thanks be to God.

RESPONSORIAL PSALM

(Ps 22)

R **The Lord is my shepherd;
there is nothing I shall want.**

1. The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.
Near restful waters he leads me,
to revive my drooping spirit. **R**
2. He guides me along the right path;
he is true to his name.
If I should walk in the valley of darkness
no evil would I fear.
You are there with your crook and your staff;
with these you give me comfort. **R**
3. You have prepared a banquet for me
in the sight of my foes.

My head you have anointed with oil;
my cup is overflowing. **R**

4. Surely goodness and kindness shall follow me
all the days of my life.
In the Lord's own house shall I dwell
for ever and ever. **R**

SECOND READING

(Eph 2:13-18)

A reading from the letter of St Paul to the Ephesians.
In Christ Jesus, you that used to be so far apart from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God. In his own person he killed the hostility. Later he came to bring the good news of peace, peace to you who were far away and peace to those who were near at hand. Through him, both of us have in the one Spirit our way to come to the Father.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

(Jn 10:27)

**Alleluia, alleluia!
The sheep that belong to me listen to my voice,
says the Lord,
I know them and they follow me.
Alleluia!**

GOSPEL

(Mk 6:30-34)

 The Lord be with you. **And with your spirit.**
A reading from the holy Gospel according to Mark. **Glory to you, O Lord.**

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, ‘You must come away to some lonely place all by yourselves and rest for a while’; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Profession of Faith

(Nicene Creed)

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,**

*At the words that follow, up to and including
and became man, all bow.*

**and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.**

**For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.**

**He ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,**

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

**I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.**

The priest introduces the Prayer of the Faithful.

THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters),
that my sacrifice and yours
may be acceptable to God,
the almighty Father.

**May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good
and the good of all his holy Church.**

Prayer over the Offerings

O God, who in the one perfect sacrifice
brought to completion varied offerings of the law,
accept, we pray, this sacrifice from your faithful servants
and make it holy, as you blessed the gifts of Abel,
so that what each has offered to the honour of
your majesty

may benefit the salvation of all.
Through Christ our Lord.

Amen.

Eucharistic Prayer III

(Preface VI of Sundays in Ordinary Time)

The Lord be with you.

And with your spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

It is truly right and just, our duty and our salvation,
always and everywhere to give you thanks,
Lord, holy Father, almighty and eternal God.

For in you we live and move and have our being,
and while in this body

we not only experience the daily effects of your care,
but even now possess the pledge of life eternal.

For, having received the first fruits of the Spirit,
through whom you raised up Jesus from the dead,

we hope for an everlasting share in the Paschal Mystery.

And so, with all the Angels, we praise you,
as in joyful celebration we acclaim:

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

You are indeed Holy, O Lord,

and all you have created

rightly gives you praise,

for through your Son our Lord Jesus Christ,

by the power and working of the Holy Spirit,

you give life to all things and make them holy,

and you never cease to gather a people to yourself,

so that from the rising of the sun to its setting

a pure sacrifice may be offered to your name.

Therefore, O Lord, we humbly implore you:

by the same Spirit graciously make holy

these gifts we have brought to you for consecration,

that they may become the Body and ✠ Blood

of your Son our Lord Jesus Christ,

at whose command we celebrate these mysteries.

For on the night he was betrayed

he himself took bread,

and, giving you thanks, he said the blessing,

broke the bread and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,

FOR THIS IS MY BODY,

WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended,

he took the chalice,

and, giving you thanks, he said the blessing,

and gave the chalice to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,

FOR THIS IS THE CHALICE OF MY BLOOD,

THE BLOOD OF THE NEW AND ETERNAL COVENANT,

WHICH WILL BE Poured OUT FOR YOU AND FOR MANY

FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

The mystery of faith.

The mystery of faith.

We proclaim your Death, O Lord,

and profess your Resurrection

until you come again.

Therefore, O Lord, as we celebrate the memorial

of the saving Passion of your Son,

his wondrous Resurrection

and Ascension into heaven,

and as we look forward to his second coming,

we offer you in thanksgiving

this holy and living sacrifice.

Look, we pray, upon the oblation of your Church

and, recognising the sacrificial Victim by whose death

you willed to reconcile us to yourself,

grant that we, who are nourished

by the Body and Blood of your Son

and filled with his Holy Spirit,

may become one body, one spirit in Christ.

May he make of us

an eternal offering to you,

so that we may obtain an inheritance with your elect,

especially with the most Blessed Virgin Mary, Mother of God,
 with blessed Joseph, her Spouse,
 with your blessed Apostles and glorious Martyrs
 (with Saint N.: **the Saint of the day or Patron Saint**)
 and with all the Saints,
 on whose constant intercession in your presence
 we rely for unfailing help.
 May this Sacrifice of our reconciliation,
 we pray, O Lord,
 advance the peace and salvation of all the world.
 Be pleased to confirm in faith and charity
 your pilgrim Church on earth,
 with your servant N. our Pope and N. our Bishop,
 the Order of Bishops, all the clergy,
 and the entire people you have gained for your own.
 Listen graciously to the prayers of this family,
 whom you have summoned before you:
 in your compassion, O merciful Father,
 gather to yourself all your children
 scattered throughout the world.
 To our departed brothers and sisters
 and to all who were pleasing to you
 at their passing from this life,
 give kind admittance to your kingdom.
 There we hope to enjoy for ever the fullness of your glory
 through Christ our Lord,
 through whom you bestow on the world all that is good.
 Through him, and with him, and in him,
 O God, almighty Father,
 in the unity of the Holy Spirit,
 all glory and honour is yours,
 for ever and ever.

Amen.

THE COMMUNION RITE

At the Saviour's command
 and formed by divine teaching,
 we dare to say:

**Our Father, who art in heaven,
 hallowed be thy name;
 thy kingdom come,
 thy will be done
 on earth as it is in heaven.**

**Give us this day our daily bread,
 and forgive us our trespasses,
 as we forgive those who trespass against us;
 and lead us not into temptation,
 but deliver us from evil.**

Deliver us, Lord, we pray, from every evil,
 graciously grant peace in our days,
 that, by the help of your mercy,
 we may be always free from sin
 and safe from all distress,
 as we await the blessed hope
 and the coming of our Saviour, Jesus Christ.

**For the kingdom,
 the power and the glory are yours
 now and for ever.**

Lord Jesus Christ,
 who said to your Apostles:

Peace I leave you, my peace I give you,
 look not on our sins,
 but on the faith of your Church,
 and graciously grant her peace and unity
 in accordance with your will.
 Who live and reign for ever and ever.
Amen.

The peace of the Lord be with you always.
And with your spirit.

The priest may invite the people to exchange a sign of peace and Christian fellowship. As the priest breaks the consecrated Host the following is sung or said:

Lamb of God, you take away the sins of the world, ...

Showing the Eucharist to the people, the priest says:

Behold the Lamb of God,
 behold him who takes away the sins of the world.
 Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy
 that you should enter under my roof,
 but only say the word
 and my soul shall be healed.**

Communion Antiphon

(Ps 110:4-5)

**The Lord, the gracious, the merciful,
 has made a memorial of his wonders;
 he gives food to those who fear him.**

Prayer after Communion

Graciously be present to your people, we pray, O Lord,
 and lead those you have imbued with heavenly mysteries
 to pass from former ways to newness of life.
 Through Christ our Lord.

Amen.

THE CONCLUDING RITES

The Lord be with you.
And with your spirit.

May almighty God bless you,
 the Father, and the Son, ✠ and the Holy Spirit.
Amen.

Go in peace, glorifying the Lord by your life.
Thanks be to God.

Personal Prayer

Lord Jesus Christ, shepherd and ruler of your Church,
 guide us along the right paths. Keep us true to you and
 all your teaching.

You have given us new birth in the waters of baptism,
 calling us to be a kingly, priestly people.

You anoint us with saving oil, confirming us in the joy of
 the Holy Spirit. You call us to salvation at your table as
 we share in your gift of the Eucharist.

Have compassion on your people this day. Guide us in
 the time of trial and lead us safely through the darkness
 of error.

Dispel the terrors of death with your goodness and
 kindness that we may rest securely in you and live for
 ever in your Father's house. Amen.