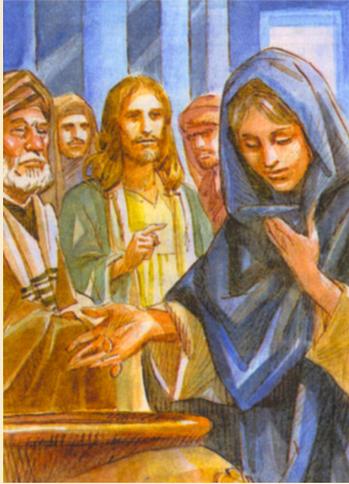


# The Eucharist

7 November 2021 ♦ 32nd SUNDAY IN ORDINARY TIME



**A** proud Christian is surely a contradiction in terms. A Christian is a follower of Christ whose humility can never be equalled. He was God as well as man. While on earth he emptied himself, as St Paul puts it, of his divine glory so that he could be like one of us.



*Jesus said to his disciples: 'This poor widow has put more in than all who have contributed to the treasury.'*

## FIRST READING

(1 Kings 17:10-16)

Here is a story from the cycle of stories about the great prophet Elijah, one of the most important figures of the Old Testament history. In time of drought, the prophet goes to the city of Sidon. The Responsorial Psalm reflects gratitude for food from God.

## SECOND READING

(Hebrews 9:24-28)

Today's reading from the scholarly letter to the Hebrews requires careful attention. Once a year, on the Day of Atonement (Yom Kippur), the Jewish high priest entered the most sacred sanctuary of the Temple and sprinkled the blood of animals. The ritual is here compared with the sacrificial actions of Christ, our own High Priest.

## GOSPEL

(Mark 12:38-44)

Today's Gospel tells us both how not to live a Christian life and how to live one. The scribes were the experts on the Law. They are condemned for their self-serving attitude. The poor widow is praised for her generous spirit.

## THE INTRODUCTORY RITES

### Entrance Antiphon

(Cf. Ps 87:3)

**Let my prayer come into your presence.  
Incline your ear to my cry for help, O Lord.**

In the name of the Father, and of the Son,  
and of the Holy Spirit.

**Amen.**

The grace of our Lord Jesus Christ,  
and the love of God,  
and the communion of the Holy Spirit  
be with you all.

**And with your spirit.**

### Penitential Act

Brethren (brothers and sisters),  
let us acknowledge our sins,  
and so prepare ourselves  
to celebrate the sacred mysteries.

*A brief pause for silence follows.*

**I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,**

*And, striking their breast, they say:*

**through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.**

May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.

**Amen.**

Lord, have mercy.  
Christ, have mercy.  
Lord, have mercy.

Lord, have mercy.  
Christ, have mercy.  
Lord, have mercy.

### Gloria

**Glory to God in the highest,  
and on earth peace to people of good will.**

**We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;**

you are seated at the right hand of the Father,  
have mercy on us.

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

**Collect**

Almighty and merciful God,  
graciously keep from us all adversity,  
so that, unhindered in mind and body alike,  
we may pursue in freedom of heart  
the things that are yours.

Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

**Amen.**

**THE LITURGY OF THE WORD**

**FIRST READING**

(1 Kg 17:10-16)

A reading from the first book of the Kings.

Elijah the Prophet went off to Sidon. And when he reached the city gate, there was a widow gathering sticks; addressing her he said, 'Please bring a little water in a vessel for me to drink.' She was setting off to bring it when he called after her. 'Please,' he said, 'bring me a scrap of bread in your hand.' 'As the Lord your God lives,' she replied, 'I have no baked bread, but only a handful of meal in a jar and a little oil in a jug; I am just gathering a stick or two to go and prepare this for myself and my son to eat, and then we shall die.' But Elijah said to her, 'Do not be afraid, go and do as you have said; but first make a little scone of it for me and bring it to me, and then make some for yourself and for your son. For thus the Lord speaks, the God of Israel:

"Jar of meal shall not be spent,  
jug of oil shall not be emptied,  
before the day when the Lord sends  
rain on the face of the earth."

The woman went and did as Elijah told her and they ate the food, she, himself and her son. The jar of meal was not spent nor the jug of oil emptied, just as the Lord had foretold through Elijah.

The word of the Lord.

**Thanks be to God.**

**RESPONSORIAL PSALM**

(Ps 145:7-10)

**R My soul, give praise to the Lord.**

1. It is the Lord who keeps faith for ever,  
who is just to those who are oppressed.  
It is he who gives bread to the hungry.  
It is the Lord, who sets prisoners free. **R**
2. It is the Lord who gives sight to the blind,  
who raises up those who are bowed down,  
the Lord who loves the just,  
the Lord, who protects the stranger. **R**
3. The Lord upholds the widow and orphan  
but thwarts the path of the wicked.  
The Lord will reign for ever,  
Zion's God, from age to age. **R**

**SECOND READING**

(Heb 9:24-28)

A reading from the letter to the Hebrews.

It is not as though Christ had entered a man-made sanctuary which was only modelled on the real one; but it was heaven itself, so that he could appear in the actual presence of God on our behalf. And he does not have to offer himself again and again, like the high priest going into the sanctuary year after year with the blood that is not his own, or else he would have had to suffer over and over again since the world began. Instead of that, he has made his appearance once and for all, now at the end of the last age, to do away with sin by sacrificing himself. Since men only die once, and after that comes judgement, so Christ, too, offers himself only once to take the faults of many on himself, and when he appears a second time, it will not be to deal with sin but to reward with salvation those who are waiting for him.

The word of the Lord.

**Thanks be to God.**

**GOSPEL ACCLAMATION**

(Apoc 2:10)

**Alleluia, alleluia!**

**Even if you have to die, says the Lord,  
keep faithful, and I will give you  
the crown of life.**

**Alleluia!**

**GOSPEL**

(Mk 12:38-44)

(For Shorter Form, read between ♦ ♦.)



The Lord be with you.

**And with your spirit.**

A reading from the holy Gospel  
according to Mark.

**Glorify to you, O Lord.**

In his teaching Jesus said, 'Beware of the scribes who like to walk about in long robes, to be greeted obsequiously in the market squares, to take the front seats in the synagogues and the places of honour at banquets; these are the men who swallow the property of widows, while making a show of lengthy prayers. The more severe will be the sentence they receive.'

♦ He sat down opposite the treasury and watched the people putting money into the treasury, and many of the rich put in a great deal. A poor widow came and put in two small coins, the equivalent of a penny. Then he called his disciples and said to them, 'I tell you solemnly, this poor widow has put more in than all who have contributed to the treasury; for they have all put in money they had over, but she from the little she had has put in everything she possessed, all she had to live on.'

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**Profession of Faith**

(Nicene Creed)

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,**

*At the words that follow, up to and including  
and became man, all bow.*

**and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.**

**For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored  
and glorified,  
who has spoken through the prophets.**

**I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come.**

**Amen.**

*The priest introduces the Prayer of the Faithful.*

## THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

**May the Lord accept the sacrifice at your hands  
for the praise and glory of his name,  
for our good  
and the good of all his holy Church.**

### Prayer over the Offerings

Look with favour, we pray, O Lord,  
upon the sacrificial gifts offered here,  
that, celebrating in mystery the Passion of your Son,  
we may honour it with loving devotion.  
Through Christ our Lord.

**Amen.**

### Eucharistic Prayer III

*(Preface VIII of Sundays in Ordinary Time)*

The Lord be with you.

**And with your spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just.**

It is truly right and just, our duty and our salvation,  
always and everywhere to give you thanks,  
Lord, holy Father, almighty and eternal God.

For, when your children were scattered afar by sin,  
through the Blood of your Son and the power of the Spirit,  
you gathered them again to yourself,  
that a people, formed as one by the unity of the Trinity,  
made the body of Christ and the temple of the Holy Spirit,  
might, to the praise of your manifold wisdom,  
be manifest as the Church.

And so, in company with the choirs of Angels,  
we praise you, and with joy we proclaim:

**Holy, Holy, Holy Lord God of hosts.**

**Heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

You are indeed Holy, O Lord,  
and all you have created  
rightly gives you praise,  
for through your Son our Lord Jesus Christ,  
by the power and working of the Holy Spirit,  
you give life to all things and make them holy,  
and you never cease to gather a people to yourself,  
so that from the rising of the sun to its setting  
a pure sacrifice may be offered to your name.

Therefore, O Lord, we humbly implore you:  
by the same Spirit graciously make holy  
these gifts we have brought to you for consecration,  
that they may become the Body and  $\text{✠}$  Blood  
of your Son our Lord Jesus Christ,  
at whose command we celebrate these mysteries.

For on the night he was betrayed  
he himself took bread,  
and, giving you thanks, he said the blessing,  
broke the bread and gave it to his disciples, saying:

**TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.**

In a similar way, when supper was ended,  
he took the chalice,

and, giving you thanks, he said the blessing,  
and gave the chalice to his disciples, saying:

**TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT,  
WHICH WILL BE POURED OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.**

**DO THIS IN MEMORY OF ME.**

The mystery of faith.

**We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

Therefore, O Lord, as we celebrate the memorial  
of the saving Passion of your Son,  
his wondrous Resurrection  
and Ascension into heaven,  
and as we look forward to his second coming,  
we offer you in thanksgiving  
this holy and living sacrifice.

Look, we pray, upon the oblation of your Church  
and, recognising the sacrificial Victim by whose death  
you willed to reconcile us to yourself,  
grant that we, who are nourished  
by the Body and Blood of your Son  
and filled with his Holy Spirit,  
may become one body, one spirit in Christ.

May he make of us  
an eternal offering to you,  
so that we may obtain an inheritance with your elect,

especially with the most Blessed Virgin Mary,  
Mother of God,  
with blessed Joseph, her Spouse,  
with your blessed Apostles and glorious Martyrs  
(with Saint **N.:** **the Saint of the day or Patron Saint**)  
and with all the Saints,  
on whose constant intercession in your presence  
we rely for unfailing help.

May this Sacrifice of our reconciliation,  
we pray, O Lord,  
advance the peace and salvation of all the world.  
Be pleased to confirm in faith and charity  
your pilgrim Church on earth,  
with your servant **N.** our Pope and **N.** our Bishop,  
the Order of Bishops, all the clergy,  
and the entire people you have gained for your own.

Listen graciously to the prayers of this family,  
whom you have summoned before you:  
in your compassion, O merciful Father,  
gather to yourself all your children  
scattered throughout the world.  
To our departed brothers and sisters  
and to all who were pleasing to you  
at their passing from this life,  
give kind admittance to your kingdom.  
There we hope to enjoy for ever the fullness of your glory  
through Christ our Lord,  
through whom you bestow on the world all that is good.

Through him, and with him, and in him,  
O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honour is yours,  
for ever and ever.

**Amen.**

## THE COMMUNION RITE

At the Saviour's command  
and formed by divine teaching,  
we dare to say:

**Our Father, who art in heaven, ...**  
Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.  
**For the kingdom,  
the power and the glory are yours  
now and for ever.**

Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity  
in accordance with your will.  
Who live and reign for ever and ever.

**Amen.**

The peace of the Lord be with you always.  
**And with your spirit.**

*The priest may invite the people to exchange a sign of peace  
and Christian fellowship. As the priest breaks the consecrated  
host the following is sung or said:*

**Lamb of God, you take away the sins ...**

*Showing the Eucharist to the people, the priest says:*

Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

**Communion Antiphon**

*(Cf. Ps 22:1-2)*

**The Lord is my shepherd; there is nothing I shall want.  
Fresh and green are the pastures where he gives  
me repose,  
near restful waters he leads me.**

**Prayer after Communion**

Nourished by this sacred gift, O Lord,  
we give you thanks and beseech your mercy,  
that, by the pouring forth of your Spirit,  
the grace of integrity may endure  
in those your heavenly power has entered.  
Through Christ our Lord.

**Amen.**

## THE CONCLUDING RITES

The Lord be with you.  
**And with your spirit.**

May almighty God bless you in his kindness  
and pour out saving wisdom upon you. **Amen.**

May he nourish you always with the teachings of the faith  
and make you persevere in holy deeds. **Amen.**

May he turn your steps towards himself  
and show you the path of charity and peace. **Amen.**

And may the blessing of almighty God,  
the Father, and the Son, ✠ and the Holy Spirit,  
come down on you and remain with you for ever. **Amen.**

Go in peace, glorifying the Lord by your life.  
**Thanks be to God.**

## Personal Prayer

Lord, you are my spiritual food in the Eucharist. For it  
is you that I have received in Holy Communion. Thank  
you, Lord, for all you have done for me. Today I heard  
in the first reading how generous you were with those  
who were kind to your prophets, feeding them despite  
poverty and famine. I am trying to be a good Christian.  
Help me, Lord.

Accept my little faith, nourish it, make it grow so that I will  
be filled with love of you. It is you who will be my judge,  
so let me see myself as you see me. May I stop wasting  
time being envious of others and concentrate on using  
the gifts you have given me. Make me strong, Lord, so  
that I can bear witness to you before others. Give me the  
grace to stand up and be counted as a Christian. Let me  
realise that the ridicule of others is worthless. Fill me with  
your love, Lord. Amen.