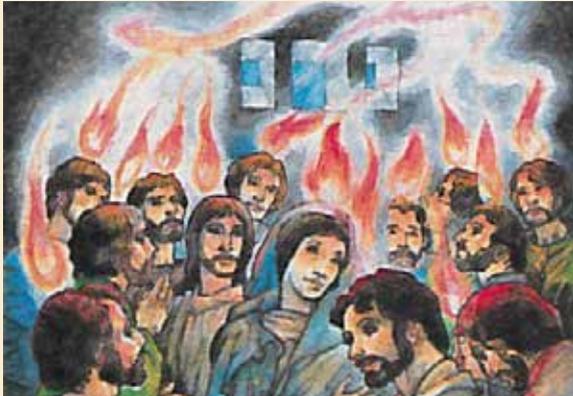


# The Eucharist

5 June 2022 ♦ PENTECOST SUNDAY / C



The name of today's feast, 'Pentecost', means 'fiftieth' and refers to the number of days between Easter Sunday and today. In the Jewish cultural world, numbers have a poetic or a secondary level of meaning. Seven is the perfect number, and so it is appropriate that the Passover, the high point of the Jewish year would be celebrated for seven times seven days. Christians take forty-nine days to celebrate the resurrection of Jesus, and that celebration ends today with this feast.



*'The apostles had all met in one room... and something appeared to them that seemed like tongues of fire. They were all filled with the Holy Spirit.'*

## FIRST READING (Acts 2:1-11)

The Acts of the Apostles is, effectively, Volume Two of the Gospel according to Luke. The first part of Acts deals with the earliest days of the life of the Jerusalem community of followers of Jesus. After the replacement of Judas by Matthias, the story continues with the descent of the Holy Spirit. The missal inserts the word 'apostles' at the start of today's story, as the recipients of the Spirit. The original story simply says that 'all' were together in one place.

## SECOND READING (Romans 8:8-17)

In this part of his letter to the Christian community at Rome, Paul makes a contrast between a life of slavery and a life of freedom. He argues that, on the one hand, life without Jesus the Christ is a life of slavery, and that, on the other hand, when human beings are connected with Jesus, they are living a life of freedom or, as he calls it, a life in the Spirit.

## GOSPEL (John 14:15-16, 23-26)

The two excerpts which make up today's Gospel reading are taken from a larger segment of the Gospel according to John, sometimes called the 'High Priestly Prayer' of Jesus to his Father (chapters 13-18). Today's message is consoling since it shows us that life with Jesus, or life in the Spirit, means living in the never-ending presence of the Paraclete, literally the Comforter, sent by the Father.

## THE INTRODUCTORY RITES

### Entrance Antiphon

*Vigil Mass*

*(Rm 5:5; Cf. 8:11)*

**The love of God has been poured into our hearts through the Spirit of God dwelling within us, alleluia.**

*Mass during the Day*

*(Wis 1:7)*

**The Spirit of the Lord has filled the whole world and that which contains all things understands what is said, alleluia.**

In the name of the Father, and of the Son, ... **Amen.**

Grace to you and peace ... **And with your spirit.**

### Penitential Act

Brethren (brothers and sisters), ...

*A brief pause for silence follows.*

**I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,**

*And, striking their breast, they say:*

**through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.**

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

**Amen.**

Lord, have mercy.

**Lord, have mercy.**

Christ, have mercy.

**Christ, have mercy.**

Lord, have mercy.

**Lord, have mercy.**

### Gloria

**Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, / Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. Amen.**

### Collect

*Vigil Mass*

Almighty ever-living God, who willed the Paschal Mystery to be encompassed as a sign in fifty days,

grant that from out of the scattered nations  
the confusion of many tongues  
may be gathered by heavenly grace  
into one great confession of your name.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever. **Amen.**

*Mass during the Day*

O God, who by the mystery of today's great feast  
sanctify your whole Church in every people and nation,  
pour out, we pray, the gifts of the Holy Spirit  
across the face of the earth  
and, with the divine grace that was at work  
when the Gospel was first proclaimed,  
fill now once more the hearts of believers.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever. **Amen.**

**THE LITURGY OF THE WORD**

**VIGIL MASS**

**FIRST READING**

*(Gn 11:1-9)*

A reading from the book of Genesis.

Throughout the earth men spoke the same language, with  
the same vocabulary. Now as they moved eastwards they  
found a plain in the land of Shinar where they settled. They  
said to one another, 'Come, let us make bricks and bake  
them in the fire.' — For stone they used bricks, and for  
mortar they used bitumen. — 'Come,' they said, 'let us build  
ourselves a town and a tower with its top reaching heaven.  
Let us make a name for ourselves, so that we may not be  
scattered about the whole earth.'

Now the Lord came down to see the town and the tower that  
the sons of man had built. 'So they are all a single people  
with a single language!' said the Lord. 'This is but the start of  
their undertakings! There will be nothing too hard for them  
to do. Come, let us go down and confuse their language on  
the spot so that they can no longer understand one another.'  
The Lord scattered them thence over the whole face of the  
earth, and they stopped building the town. It was named  
Babel, therefore, because there the Lord confused the  
language of the whole earth. It was from there that the Lord  
scattered them over the whole face of the earth.

The word of the Lord.

**Thanks be to God.**

**RESPONSORIAL PSALM**

*(Ps 103:1-2.24.27-30.35)*

**℟ Send forth your Spirit, O Lord,  
and renew the face of the earth.**

1. Bless the Lord, my soul!  
Lord God, how great you are,  
clothed in majesty and glory,  
wrapped in light as in a robe! **℟**
2. How many are your works, O Lord!  
In wisdom you have made them all.  
The earth is full of your riches.  
Bless the Lord, my soul. **℟**
3. All of these look to you  
to give them their food in due season.  
You give it, they gather it up:  
you open your hand, they have their fill. **℟**

4. You take back your spirit, they die,  
returning to the dust from which they came.  
You send forth your spirit, they are created;  
and you renew the face of the earth. **℟**

**SECOND READING**

*(Rm 8:22-27)*

A reading from the letter of St Paul to the Romans.

From the beginning till now the entire creation, as we know,  
has been groaning in one great act of giving birth; and not  
only creation, but all of us who possess the first-fruits of the  
Spirit, we too groan inwardly as we wait for our bodies to be  
set free. For we must be content to hope that we shall be  
saved — our salvation is not in sight, we should not have to  
be hoping for it if it were — but, as I say, we must hope to be  
saved since we are not saved yet — it is something we must  
wait for with patience.

The Spirit too comes to help us in our weakness. For when  
we cannot choose words in order to pray properly, the Spirit  
himself expresses our plea in a way that could never be put  
into words, and God who knows everything in our hearts  
knows perfectly well what he means, and that the pleas of  
the saints expressed by the Spirit are according to the mind  
of God.

The word of the Lord.

**Thanks be to God.**

**GOSPEL ACCLAMATION**

**Alleluia, alleluia!**

**Come, Holy Spirit, fill the hearts of your faithful  
and kindle in them the fire of your love.**

**Alleluia!**

**GOSPEL**

*(Jn 7:37-39)*

**The Lord be with you. And with your spirit.**

**A reading from the holy Gospel  
according to John. Glory to you, O Lord.**

On the last day and greatest day of the festival, Jesus stood  
there and cried out:

'Let anyone who is thirsty, come to me!

Let anyone who believes in me come and drink!'

As scripture says: From his breast shall flow fountains of  
living water.

He was speaking of the Spirit which those who believed in  
him were to receive; for there was no Spirit as yet because  
Jesus had not yet been glorified.

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**MASS DURING THE DAY**

**FIRST READING**

*(Acts 2:1-11)*

A reading from the Acts of the Apostles.

When Pentecost day came round, the apostles had all met  
in one room, when suddenly they heard what sounded  
like a powerful wind from heaven, the noise of which filled  
the entire house in which they were sitting; and something  
appeared to them that seemed like tongues of fire; these  
separated and came to rest on the head of each of them.  
They were all filled with the Holy Spirit, and began to speak  
foreign languages as the Spirit gave them the gift of speech.  
Now there were devout men living in Jerusalem from every

nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely,' they said, 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome – Jews and proselytes alike – Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

The word of the Lord.

**Thanks be to God.**

**RESPONSORIAL PSALM**

*(Ps 103:1.24.29-31.34)*

**℟ Send forth your Spirit, O Lord,  
and renew the face of the earth.**

1. Bless the Lord, my soul!  
Lord God, how great you are,  
How many are your works, O Lord!  
The earth is full of your riches. **℟**
2. You take back your spirit, they die,  
returning to the dust from which they came.  
You send forth your spirit, they are created;  
and you renew the face of the earth. **℟**
3. May the glory of the Lord last for ever!  
May the Lord rejoice in his works!  
May my thoughts be pleasing to him.  
I find my joy in the Lord. **℟**

**SECOND READING**

*(Rm 8:8-17)*

A reading from the letter of St Paul to the Romans.

People who are interested only in unspiritual things can never be pleasing to God. Your interests, however, are not in the unspiritual but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him. Though your body may be dead it is because of sin, but if Christ is in you then your spirit is life itself because you have been justified; and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

Everyone moved by the Spirit is a child of God. The spirit you received is not the spirit of slaves bringing fear into your lives again; it is the spirit of children, and it makes us cry out, 'Abba, Father!' The Spirit himself and our spirit bear united witness that we are children of God. And if we are children we are heirs as well: heirs of God and coheirs with Christ, sharing his sufferings so as to share his glory.

The word of the Lord.

**Thanks be to God.**

**SEQUENCE**

*The sequence may be said or sung.*

**Holy Spirit, Lord of light,  
From the clear celestial height  
Thy pure beaming radiance give.**

**Come, thou Father of the poor,  
Come with treasures which endure;  
Come, thou light of all that live!**

**Thou, of all consolers best,  
Thou, the soul's delightful guest,  
Dost refreshing peace bestow.**

**Thou in toil art comfort sweet;  
Pleasant coolness in the heat;  
Solace in the midst of woe.**

**Light immortal, light divine,  
Visit thou these hearts of thine,  
And our inmost being fill:**

**If thou take thy grace away,  
Nothing pure in man will stay;  
All his good is turned to ill.**

**Heal our wounds, our strength renew;  
On our dryness pour thy dew;  
Wash the stains of guilt away:**

**Bend the stubborn heart and will;  
Melt the frozen, warm the chill;  
Guide the steps that go astray.**

**Thou, on us who evermore  
Thee confess and thee adore,  
With thy sevenfold gifts descend:**

**Give us comfort when we die;  
Give us life with thee on high;  
Give us joys that never end.**

**GOSPEL ACCLAMATION**

**Alleluia, alleluia!**

**Come, Holy Spirit, fill the hearts of your faithful,  
and kindle in them the fire of your love.**

**Alleluia!**

**GOSPEL**

*(Jn 14:15-16.23-26)*



The Lord be with you.

**And with your spirit.**

A reading from the holy Gospel  
according to John.

**Glorify to you, O Lord.**

Jesus said to his disciples:

'If you love me you will keep my commandments. I shall ask the Father, and he will give you another Advocate to be with you for ever. If anyone loves me he will keep my word, and my Father will love him, and we shall come to him and make our home with him. Those who do not love me do not keep my words. And my word is not my own; it is the word of the one who sent me. I have said these things to you while still with you; but the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything and remind you of all I have said to you.'

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**Profession of Faith**

*(Nicene Creed)*

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.**

God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

*At the words that follow, up to and including  
and became man, all bow.*

and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored  
and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

*The priest introduces the* Prayer of the Faithful.

## THE LITURGY OF THE EUCHARIST

### Prayer over the Offerings

*Vigil Mass*

Pour out upon these gifts the blessing of your Spirit,  
we pray, O Lord,  
so that through them your Church may be imbued  
with such love

that the truth of your saving mystery  
may shine forth for the whole world.  
Through Christ our Lord.

Amen.

*Mass during the Day*

Grant, we pray, O Lord,  
that, as promised by your Son,  
the Holy Spirit may reveal to us more abundantly  
the hidden mystery of this sacrifice  
and graciously lead us into all truth.  
Through Christ our Lord.

Amen.

### After the Consecration

We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.

## THE COMMUNION RITE

### Communion Antiphon

*Vigil Mass*

On the last day of the festival, Jesus stood  
and cried out:

*Jn 7:37)*

If anyone is thirsty, let him come to me and drink,  
alleluia.

*Mass during the Day*

*(Acts 2:4-11)*

They were all filled with the Holy Spirit  
and spoke of the marvels of God, alleluia.

### Prayer after Communion

*Vigil Mass:*

May these gifts we have consumed benefit us, O Lord,  
that we may always be aflame with the same Spirit,  
whom you wondrously poured out on your Apostles.  
Through Christ our Lord.

Amen.

*Mass during the Day*

O God, who bestow heavenly gifts upon your Church,  
safeguard, we pray, the grace you have given,  
that the gift of the Holy Spirit poured out upon her  
may retain all its force  
and that this spiritual food  
may gain her abundance of eternal redemption.  
Through Christ our Lord.

Amen.

## THE CONCLUDING RITES

The Lord be with you.

And with your spirit.

May God, the Father of lights,  
who was pleased to enlighten the disciples' minds  
by the outpouring of the Spirit, the Paraclete,  
grant you gladness by his blessing  
and make you always abound with the gifts  
of the same Spirit.

Amen.

May the wondrous flame that appeared  
above the disciples,  
powerfully cleanse your hearts from every evil  
and pervade them with its purifying light.

Amen.

And may God, who has been pleased  
to unite many tongues  
in the profession of one faith,  
give you perseverance in that same faith  
and, by believing, may you journey from hope  
to clear vision.

Amen.

And may the blessing of almighty God,  
the Father, and the Son, ✠ and the Holy Spirit,  
come down on you and remain with you for ever.

Amen.

Go forth, the Mass is ended.

Thanks be to God.

### Personal Prayer

O divine Holy Spirit, eternal love of the Father and of  
the Son, I adore you, I thank you, I love you and I ask you  
pardon for all the times. I have grieved you by committing  
offences against you or against my neighbour.

Descend with many graces during the holy ordination of  
bishops and priests; during the consecration of men and  
women religious; during the reception of Confirmation  
by all the faithful; be light, sanctity and zeal.

To you, O sanctifying Spirit, I consecrate my will. Guide  
me in your will, sustain me in the observance of the  
commandments, in the fulfilment of my duties.

To you, O life-giving Spirit, I consecrate my heart. Guard  
and increase the divine life in me. Grant me the gift of  
filial love. Amen.