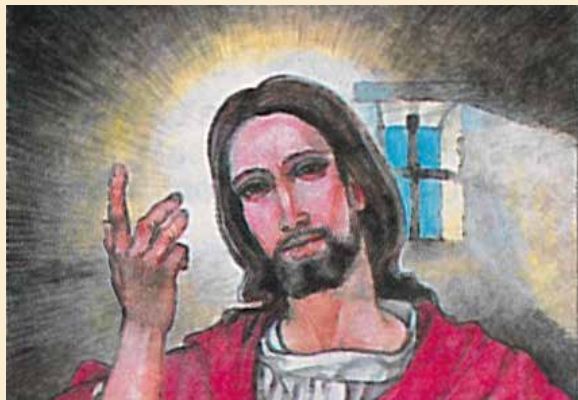


The Eucharist

12 June 2022 ♦ THE MOST HOLY TRINITY / C



The Holy Trinity is honoured and worshipped at every Mass and every liturgical occasion indirectly. Since the late Middle Ages the Church has designated a specific Sunday each year where the Trinity is celebrated and revered directly. In 1334, Jacques Duèse, Pope John XXII – one of the popes at Avignon – directed that it be observed universally on this day.



*'Everything the Father has is mine; that is why I said:
All He tells you will be taken from what is mine.'*

FIRST READING *(Proverbs 8:22-31)*

Proverbs is one of three books of wisdom in the Hebrew Bible. In Proverbs this wisdom was the result of human beings employing their powers of reason to discern God's ways at work in the world. Today's reading was read to mean that Torah, in both its narrow sense of the five books of Moses and its broader sense of instruction and learning, was created before the rest of the world.

SECOND READING *(Romans 5:1-5)*

In chapter 5 of Paul's letter to the communities at Rome, he contrasts Adam and Jesus, life and death. Biblical writers frequently present what they wish to say in this way: sharp and striking alternatives, which make it easier for hearers and readers to opt for one. Paul calls this option life in Christ or life in the Spirit.

GOSPEL *(John 16:12-15)*

In chapters 13-17 of John's Gospel, Jesus is portrayed as giving a long address to the disciples who are gathered with him at table before the feast of the Passover. Frequently during this speech, he specifically rejects an isolated role and position for himself. He is at pains to link himself with the one who is sending him and with the other one who the Father will send.

THE INTRODUCTORY RITES

Entrance Antiphon

**Blest be God the Father,
and the Only Begotten Son of God,
and also the Holy Spirit,
for he has shown us his merciful love.**

In the name of the Father, and of the Son,
and of the Holy Spirit.

Amen.

The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit
be with you all.

And with your spirit.

Penitential Act

Brethren (brothers and sisters),
let us acknowledge our sins,
and so prepare ourselves
to celebrate the sacred mysteries.

A brief pause for silence follows.

You were sent to heal the contrite of heart:

Lord, have mercy.

Or: Kyrie, eleison.

Lord, have mercy.

Or: Kyrie, eleison.

You came to call sinners:

Christ, have mercy.

Or: Christe, eleison.

Christ, have mercy.

Or: Christe, eleison.

You are seated at the right hand of the Father
to intercede for us:

Lord, have mercy.

Or: Kyrie, eleison.

Lord, have mercy.

Or: Kyrie, eleison.

May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

Amen.

Gloria

**Gloria to God in the highest,
and on earth peace to people of good will.**

**We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.**

**For you alone are the Holy One,
you alone are the Lord,**

**you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

Collect

God our Father, who by sending into the world the Word of truth and the Spirit of sanctification made known to the human race your wondrous mystery, grant us, we pray, that in professing the true faith, we may acknowledge the Trinity of eternal glory and adore your Unity, powerful in majesty. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

THE LITURGY OF THE WORD

FIRST READING

(Prov 8:22-31)

A reading from the book of Proverbs.

The Wisdom of God cries aloud:

The Lord created me when his purpose first unfolded, before the oldest of his works. From everlasting I was firmly set, from the beginning, before earth came into being. The deep was not, when I was born, there were no springs to gush with water. Before the mountains were settled, before the hills, I came to birth; before he made the earth, the countryside, or the first grains of the world's dust. When he fixed the heavens firm, I was there, when he drew a ring on the surface of the deep, when he thickened the clouds above, when he fixed fast the springs of the deep, when he assigned the sea its boundaries — and the waters will not invade the shore — when he laid down the foundations of the earth, I was by his side, a master craftsman, delighting him day after day, ever at play in his presence, at play everywhere in his world, delighting to be with the children of men.

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM

(Ps 8:4-9)

**℟ How great is your name, O Lord our God,
through all the earth!**

1. When I see the heavens, the work of your hands, the moon and the stars which you arranged, what is man that you should keep him in mind, mortal man that you care for him? **℟**
2. Yet you have made him little less than a god; with glory and honour you crowned him, gave him power over the works of your hand, put all things under his feet. **℟**
3. All of them, sheep and cattle, yes, even the savage beasts, birds of the air, and fish that make their way through the waters. **℟**

SECOND READING

(Rm 5:1-5)

A reading from the letter of St Paul to the Romans.

Through our Lord Jesus Christ, by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God's glory. But that is not all we can boast about; we can boast about

our sufferings. These sufferings bring patience, as we know, and patience brings perseverance, and perseverance brings hope, and this hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

(Cf. Apoc 1:8)

Alleluia, alleluia!

**Glory be to the Father, and to the Son,
and to the Holy Spirit,**

**the God who is, who was, and who is to come.
Alleluia!**

GOSPEL

(Jn 16:12-15)



The Lord be with you.

And with your spirit.

A reading from the holy Gospel according to John.

Glory to you, O Lord.

Jesus said to his disciples:

'I still have many things to say to you but they would be too much for you now. But when the Spirit of truth comes he will lead you to the complete truth, since he will not be speaking as from himself but will say only what he has learnt; and he will tell you of the things to come. He will glorify me, since all he tells you will be taken from what is mine. Everything the Father has is mine; that is why I said: All he tells you will be taken from what is mine.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Profession of Faith

(Nicene Creed)

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,**

**begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,**

*At the words that follow, up to and including
and became man, all bow.*

**and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.**

**For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.**

**He ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,**

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come. Amen.

The priest introduces the Prayer of the Faithful.

THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters),

that my sacrifice and yours

may be acceptable to God,

the almighty Father.

May the Lord accept the sacrifice at your hands

for the praise and glory of his name,

for our good

and the good of all his holy Church.

Prayer over the Offerings

Sanctify by the invocation of your name,

we pray, O Lord our God,

this oblation of our service,

and by it make of us an eternal offering to you.

Through Christ our Lord.

Amen.

Eucharistic Prayer III

(Preface of the Holy Trinity)

The Lord be with you.

And with your spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

It is truly right and just, our duty and our salvation,

always and everywhere to give you thanks,

Lord, holy Father, almighty and eternal God.

For with your Only Begotten Son and the Holy Spirit

you are one God, one Lord:

not in the unity of a single person,

but in a Trinity of one substance.

For what you have revealed to us of your glory

we believe equally of your Son

and of the Holy Spirit,

so that, in the confessing of the true and eternal Godhead,

you might be adored in what is proper to each Person,

their unity in substance,

and their equality in majesty.

For this is praised by Angels and Archangels,

Cherubim, too, and Seraphim,

who never cease to cry out each day,

as with one voice they acclaim:

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

You are indeed Holy, O Lord,

and all you have created

rightly gives you praise,

for through your Son our Lord Jesus Christ,

by the power and working of the Holy Spirit,

you give life to all things and make them holy,
and you never cease to gather a people to yourself,
so that from the rising of the sun to its setting
a pure sacrifice may be offered to your name.

Therefore, O Lord, we humbly implore you:

by the same Spirit graciously make holy

these gifts we have brought to you for consecration,

that they may become the Body and ☩ Blood

of your Son our Lord Jesus Christ,

at whose command we celebrate these mysteries.

For on the night he was betrayed

he himself took bread,

and, giving you thanks, he said the blessing,

broke the bread and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,

FOR THIS IS MY BODY,

WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended,

he took the chalice,

and, giving you thanks, he said the blessing,

and gave the chalice to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,

FOR THIS IS THE CHALICE OF MY BLOOD,

THE BLOOD OF THE NEW AND ETERNAL COVENANT,

WHICH WILL BE Poured OUT FOR YOU AND FOR MANY

FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

The mystery of faith.

**We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.**

Therefore, O Lord, as we celebrate the memorial

of the saving Passion of your Son,

his wondrous Resurrection

and Ascension into heaven,

and as we look forward to his second coming,

we offer you in thanksgiving

this holy and living sacrifice.

Look, we pray, upon the oblation of your Church

and, recognising the sacrificial Victim by whose death

you willed to reconcile us to yourself,

grant that we, who are nourished

by the Body and Blood of your Son

and filled with his Holy Spirit,

may become one body, one spirit in Christ.

May he make of us

an eternal offering to you,

so that we may obtain an inheritance with your elect,

especially with the most Blessed Virgin Mary,

Mother of God,

with blessed Joseph, her Spouse,

with your blessed Apostles and glorious Martyrs

(with Saint N.: the Saint of the day or Patron Saint)

and with all the Saints,

on whose constant intercession in your presence

we rely for unfailing help.

May this Sacrifice of our reconciliation,

we pray, O Lord,

advance the peace and salvation of all the world.
Be pleased to confirm in faith and charity
your pilgrim Church on earth,
with your servant **N.** our Pope and **N.** our Bishop,
the Order of Bishops, all the clergy,
and the entire people you have gained for your own.

Listen graciously to the prayers of this family,
whom you have summoned before you:
in your compassion, O merciful Father,
gather to yourself all your children
scattered throughout the world.

To our departed brothers and sisters
and to all who were pleasing to you
at their passing from this life,
give kind admittance to your kingdom.
There we hope to enjoy for ever the fullness of your glory
through Christ our Lord,
through whom you bestow on the world all that is good.

Through him, and with him, and in him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honour is yours,
for ever and ever.

Amen.

THE COMMUNION RITE

At the Saviour's command ...

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.**

**Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days,
that, by the help of your mercy,
we may be always free from sin
and safe from all distress,
as we await the blessed hope
and the coming of our Saviour, Jesus Christ.

**For the kingdom,
the power and the glory are yours
now and for ever.**

Lord Jesus Christ,
who said to your Apostles:
Peace I leave you, my peace I give you,
look not on our sins,
but on the faith of your Church,
and graciously grant her peace and unity
in accordance with your will.
Who live and reign for ever and ever.

Amen.

The peace of the Lord be with you always.
And with your spirit.

The priest may invite the people to exchange a sign of peace and Christian fellowship. As the priest breaks the consecrated Host the following is sung or said:

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
grant us peace.**

Showing the Host to the people, the priest says:

Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

Communion Antiphon

(Gal 4:6)

**Since you are children of God,
God has sent into your hearts the Spirit of his Son,
the Spirit who cries out: Abba, Father.**

Prayer after Communion

May receiving this Sacrament, O Lord our God,
bring us health of body and soul,
as we confess your eternal Holy Trinity
and undivided Unity.
Through Christ our Lord.

Amen.

THE CONCLUDING RITES

The Lord be with you.

And with your spirit.

May almighty God bless you,
the Father, and the Son, ✠ and the Holy Spirit.
Amen.

Go forth, the Mass is ended.
Thanks be to God.

Personal Prayer

Glory to you, Father, creator of heaven and earth. Glory to you, Son, redeemer of the world. Glory to you, Spirit, inspiration of Christians.

Father, I love you, my God, but my love is imperfect. You are a loving Father, who wishes me to be saved. Forgive me when I come to judgement and see all my sins as little ones, so that I will be able to see you and live with you in heaven.

Jesus, you are the all-powerful Son of the Father. You came at the Father's request to save me from sin. Thank you, Lord, for that and for dying for me. Forgive the moments when I forget you, when I am ungrateful. When you come in glory to judge the living and the dead, remember my good deeds and forgive my faults.

Spirit of the living God, I need you with me to guide me. Stay with me, inspire me. Fill me with love of God and neighbour so that as I grow old I may not fear death but be waiting to be called into your Kingdom. Amen.