

The Eucharist

17 July 2022 ✦ 16th SUNDAY IN ORDINARY TIME / C



The theme which unites today's First Reading and Gospel is hospitality. In a Middle Eastern context a high value was placed on welcoming the traveller and the stranger. In the first reading it is the Lord who is welcomed and in the second, Jesus is attended to by the sisters Martha and Mary in Bethany.



Mary sat down at the Lord's feet and listened to him speaking. Martha was distracted with all the serving.

FIRST READING *(Genesis 18:1-10)*

This passage tells the story of the conception of Isaac. The relationship between the Lord and the two men who accompany him is not immediately obvious. Some literature of the period contains images of a god accompanied by two attendants. It's possible that that is what the authors have in mind. There's a contrast between what Abraham says to his guest and the huge effort he makes in order to welcome them appropriately.

SECOND READING *(Colossians 1:24-28)*

The life and ministry of the Apostle show God's saving action at work in a real person. From other letters of Paul, we might have expected that this writer would have looked to the crucified Jesus for the meaning of Paul's suffering. Here instead, however, the writer makes the Apostle's suffering an addition to those of Christ.

GOSPEL *(Luke 10:38-42)*

Female characters have a special place in Luke's Gospel. Both of those who welcome Jesus in this well-known scene are women. Luke also likes to portray his characters in prayer. Mary's sitting at Jesus' feet and listening to what he says is a form of prayer. Martha's caring for her guest, similar to the actions of Abraham and Sarah, is another.

THE INTRODUCTORY RITES

Entrance Antiphon

(Ps 53:6.8)

See, I have God for my help.

The Lord sustains my soul.

**I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.**

In the name of the Father, and of the Son,
and of the Holy Spirit.

Amen.

The grace of our Lord Jesus Christ, and the love of God,
and the communion of the Holy Spirit be with you all.

And with your spirit.

Penitential Act

Brethren (brothers and sisters),
let us acknowledge our sins,
and so prepare ourselves
to celebrate the sacred mysteries.

A brief pause for silence follows.

You were sent to heal the contrite of heart:

Lord, have mercy.

Or: Kyrie, eleison.

Lord, have mercy.

Or: Kyrie, eleison.

You came to call sinners:

Christ, have mercy.

Or: Christe, eleison.

Christ, have mercy.

Or: Christe, eleison.

You are seated at the right hand of the Father
to intercede for us:

Lord, have mercy.

Or: Kyrie, eleison.

Lord, have mercy.

Or: Kyrie, eleison.

May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

Amen.

Gloria

**Glory to God in the highest, / and on earth peace to
people of good will. / We praise you, / we bless you, /
we adore you, / we glorify you, / we give you thanks
for your great glory, / Lord God, heavenly King, / O God,
almighty Father. / Lord Jesus Christ, Only Begotten
Son, / Lord God, Lamb of God, Son of the Father, /
you take away the sins of the world, / have mercy on
us; / you take away the sins of the world, / receive our
prayer; / you are seated at the right hand of the Father, /
have mercy on us. / For you alone are the Holy One, /
you alone are the Lord, / you alone are the Most High,
Jesus Christ, / with the Holy Spirit, / in the glory of God
the Father. Amen.**

Collect

Show favour, O Lord, to your servants
and mercifully increase the gifts of your grace,
that, made fervent in hope, faith and charity,
they may be ever watchful in keeping your commands.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

FIRST READING

(Gn 18:1-10)

A reading from the book of Genesis.

The Lord appeared to Abraham at the Oak of Mamre while he was sitting by the entrance of the tent during the hottest part of the day. He looked up, and there he saw three men standing near him. As soon as he saw them he ran from the entrance of the tent to meet them, and bowed to the ground. 'My Lord,' he said, 'I beg you, if I find favour with you, kindly do not pass your servant by. A little water shall be brought; you shall wash your feet and lie down under the tree. Let me fetch a little bread and you shall refresh yourselves before going further. That is why you have come in your servant's direction.' They replied, 'Do as you say.'

Abraham hastened to the tent to find Sarah. 'Hurry,' he said 'knead three bushels of flour and make loaves.' Then running to the cattle Abraham took a fine and tender calf and gave it to the servant, who hurried to prepare it. Then taking cream, milk and the calf he had prepared, he laid all before them, and they ate while he remained standing near them under the tree. 'Where is your wife Sarah?' they asked him. 'She is in the tent,' he replied. Then his guest said, 'I shall visit you again next year without fail and your wife will then have a son.'

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM

(Ps 14:2-5)

℟ The just will live in the presence of the Lord.

1. Lord, who shall dwell on your holy mountain?
He who walks without fault;
he who acts with justice
and speaks the truth from his heart;
he who does not slander with his tongue. **℟**
2. He who does no wrong to his brother,
who casts no slur on his neighbour,
who holds the godless in disdain,
but honours those who fear the Lord. **℟**
3. He who keeps his pledge, come what may;
who takes no interest on a loan
and accepts no bribes against the innocent.
Such a man will stand firm for ever. **℟**

SECOND READING

(Col 1:24-28)

A reading from the letter of St Paul to the Colossians.

It makes me happy to suffer for you, as I am suffering now, and in my body to do what I can to make up all that has still to be undergone by Christ for the sake of his body, the Church. I became the servant of the Church when God made me responsible for delivering God's message to you, the message which was a mystery hidden for generations and centuries and has now been revealed to his saints. It was God's purpose to reveal it to them and to show all the rich glory of this mystery to pagans. The mystery is Christ among you, your hope of glory: this is the Christ we proclaim, this is the wisdom in which we thoroughly train everyone and instruct everyone, to make them all perfect in Christ.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

(Cf. Acts 16:14)

Alleluia, alleluia!

**Open our heart, O Lord,
to accept the words of your Son.
Alleluia!**

GOSPEL

(Lk 10:38-42)



The Lord be with you.

And with your spirit.

A reading from the holy Gospel
according to Luke.

Glorify to you, O Lord.

Jesus came to a village, and a woman named Martha welcomed him into her house. She had a sister called Mary, who sat down at the Lord's feet and listened to him speaking. Now Martha who was distracted with all the serving said, 'Lord, do you not care that my sister is leaving me to do the serving all by myself? Please tell her to help me.' But the Lord answered: 'Martha, Martha,' he said 'you worry and fret about so many things, and yet few are needed, indeed only one. It is Mary who has chosen the better part; it is not to be taken from her.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Profession of Faith

(Nicene Creed)

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,**

*At the words that follow, up to and including
and became man, all bow.*

**and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.**

**For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.**

**He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,**

who has spoken through the prophets.

**I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.**

The priest introduces the Prayer of the Faithful.

Offering the bread, the priest says:

Blessed are you, Lord God of all creation,
for through your goodness we have received
the bread we offer you:

fruit of the earth and work of human hands,
it will become for us the bread of life.

Blessed be God for ever.

Offering the chalice, the priest says:

Blessed are you, Lord God of all creation,
for through your goodness we have received
the wine we offer you:

fruit of the vine and work of human hands,
it will become our spiritual drink.

Blessed be God for ever.

Pray, brethren (brothers and sisters),
that my sacrifice and yours
may be acceptable to God,
the almighty Father.

**May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good
and the good of all his holy Church.**

Prayer over the Offerings

O God, who in the one perfect sacrifice
brought to completion varied offerings of the law,
accept, we pray, this sacrifice from your faithful servants
and make it holy, as you blessed the gifts of Abel,
so that what each has offered to the honour
of your majesty
may benefit the salvation of all.
Through Christ our Lord.

Eucharistic Prayer III

(Preface V of the Sundays in Ordinary Time)

It is truly right and just, our duty and our salvation,
always and everywhere to give you thanks,
Lord, holy Father, almighty and eternal God.

For in you we live and move and have our being,
and while in this body

we not only experience the daily effects of your care,
but even now possess the pledge of life eternal.

For, having received the first fruits of the Spirit,
through whom you raised up Jesus from the dead,
we hope for an everlasting share in the Paschal Mystery.

And so, with all the Angels, we praise you,
as in joyful celebration we acclaim:

**Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

You are indeed Holy, O Lord,
and all you have created
rightly gives you praise,
for through your Son our Lord Jesus Christ,
by the power and working of the Holy Spirit,
you give life to all things and make them holy,

and you never cease to gather a people to yourself,
so that from the rising of the sun to its setting
a pure sacrifice may be offered to your name.

Therefore, O Lord, we humbly implore you:
by the same Spirit graciously make holy
these gifts we have brought to you for consecration,
that they may become the Body and ✠ Blood
of your Son our Lord Jesus Christ,
at whose command we celebrate these mysteries.

For on the night he was betrayed
he himself took bread,
and, giving you thanks, he said the blessing,
broke the bread and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,
FOR THIS IS MY BODY,
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended,
he took the chalice,
and, giving you thanks, he said the blessing,
and gave the chalice to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,
FOR THIS IS THE CHALICE OF MY BLOOD,
THE BLOOD OF THE NEW AND ETERNAL COVENANT,
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY
FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

The mystery of faith.

**We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.**

Amen.

Therefore, O Lord, as we celebrate the memorial
of the saving Passion of your Son,
his wondrous Resurrection
and Ascension into heaven,
and as we look forward to his second coming,
we offer you in thanksgiving
this holy and living sacrifice.

Look, we pray, upon the oblation of your Church
and, recognising the sacrificial Victim by whose death
you willed to reconcile us to yourself,
grant that we, who are nourished
by the Body and Blood of your Son
and filled with his Holy Spirit,
may become one body, one spirit in Christ.

May he make of us
an eternal offering to you,
so that we may obtain an inheritance with your elect,
especially with the most Blessed Virgin Mary,

Mother of God,
with blessed Joseph, her Spouse,
with your blessed Apostles and glorious Martyrs
(with Saint N.: the Saint of the day or Patron Saint)
and with all the Saints,
on whose constant intercession in your presence
we rely for unailing help.

May this Sacrifice of our reconciliation,
we pray, O Lord,

advance the peace and salvation of all the world.
Be pleased to confirm in faith and charity
your pilgrim Church on earth,
with your servant **N.** our Pope and **N.** our Bishop,
the Order of Bishops, all the clergy,
and the entire people you have gained for your own.

Listen graciously to the prayers of this family,
whom you have summoned before you:
in your compassion, O merciful Father,
gather to yourself all your children
scattered throughout the world.

To our departed brothers and sisters
and to all who were pleasing to you
at their passing from this life,
give kind admittance to your kingdom.
There we hope to enjoy for ever the fullness of your glory
through Christ our Lord,
through whom you bestow on the world all that is good.

Through him, and with him, and in him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honour is yours,
for ever and ever.

Amen.

THE COMMUNION RITE

At the Saviour's command
and formed by divine teaching,
we dare to say:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days,
that, by the help of your mercy,
we may be always free from sin
and safe from all distress,
as we await the blessed hope
and the coming of our Saviour, Jesus Christ.

**For the kingdom,
the power and the glory are yours
now and for ever.**

Lord Jesus Christ,
who said to your Apostles:
Peace I leave you, my peace I give you,
look not on our sins,
but on the faith of your Church,
and graciously grant her peace and unity
in accordance with your will.
Who live and reign for ever and ever.

Amen.

The peace of the Lord be with you always.

And with your spirit.

*The priest may invite the people to exchange a sign of peace
and Christian fellowship. As the priest breaks the consecrated
Host the following is sung or said:*

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
grant us peace.**

Showing the Host to the people, the priest says:

Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

Prayer after Communion

Graciously be present to your people, we pray, O Lord,
and lead those you have imbued with heavenly mysteries
to pass from former ways to newness of life.

Through Christ our Lord.

Amen.

THE CONCLUDING RITES

The Lord be with you.

And with your spirit.

May almighty God bless you,
the Father, and the Son, ✠ and the Holy Spirit.

Amen.

Go forth, the Mass is ended.

Thanks be to God.

Personal Prayer

Lord Jesus, teach me to welcome you in the stranger
and in the needy.

Help me not to lose sight of you in my daily work of
service for others.

Let me act always with justice, speaking the truth and
doing no wrong to others. I know I can forget you in the
busyness of life.

Let me make space in my life for listening to the Word, a
time in each day for Scripture reading.

So may I live in the presence of my Lord all the days of
my life. Amen.