

# The Eucharist

15 January 2023 ♦ 2nd SUNDAY IN ORDINARY TIME / A



**T**oday we reflect on being chosen. The readings today show us people being chosen by God and given special mission. Jesus is chosen by the Spirit to be Lamb and Servant. Paul is favoured to be an apostle. Each of us in baptism is chosen by God. We are elected to live a life of holiness, to share in God's life, a life for us of praise and worship, of witness and apostolicity. We need to think about the God who chooses and the concrete meaning now of his choices.



*"Seeing Jesus coming towards him, John said, "Look, there is the lamb of God that takes away the sin of the world."*

## FIRST READING (Isaiah 49:3.5-6)

The vocation to be a leader was seen as an honour by Isaiah. But his call was to be more challenging. It is to bring the knowledge of the one true God to all the nations of the world. Every Christian through baptism is called to preach the good news to all nations.

## SECOND READING (1 Corinthians 1:1-3)

St Paul greets the Christians at Corinth with a joyful sense of his calling as an apostle. He reminds them of the grace given to them also of being chosen to belong to the people of God in Jesus Christ.

## GOSPEL (John 1:29-34)

Jesus is the Chosen One of God. John the Baptist has no exaggerated ideas about his own role, he knows he is called to make Jesus known. John prepares the people for the One who will take away their sins.

## THE INTRODUCTORY RITES

### Entrance Antiphon

(Ps 65:4)

**All the earth shall bow down before you, O God, and shall sing to you, shall sing to your name, O Most High!**

In the name of the Father, and of the Son, and of the Holy Spirit.

**Amen.**

The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

**And with your spirit.**

### Penitential Act

Brethren (brothers and sisters), ...

*A brief pause for silence follows.*

You were sent to heal the contrite of heart:

Lord, have mercy.

**Or: Kyrie, eleison.**

**Lord, have mercy.**

**Or: Kyrie, eleison.**

You came to call sinners:

Christ, have mercy.

**Or: Christe, eleison.**

**Christ, have mercy.**

**Or: Christe, eleison.**

You are seated at the right hand of the Father to intercede for us:

Lord, have mercy.

**Or: Kyrie, eleison.**

**Lord, have mercy.**

**Or: Kyrie, eleison.**

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

**Amen.**

### Gloria

**Glory to God in the highest, and on earth peace to people of good will.**

**We praise you,**

**we bless you,**

**we adore you,**

**we glorify you,**

**we give you thanks for your great glory,**

**Lord God, heavenly King,**

**O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,**

**Lord God, Lamb of God, Son of the Father,**

**you take away the sins of the world,**

**have mercy on us;**

**you take away the sins of the world,**

**receive our prayer;**

**you are seated at the right hand of the Father,**

**have mercy on us.**

**For you alone are the Holy One,**

**you alone are the Lord,**

**you alone are the Most High,**

**Jesus Christ,**

**with the Holy Spirit,**

**in the glory of God the Father.  
Amen.**

**Collect**

Almighty ever-living God,  
who govern all things,  
both in heaven and on earth,  
mercifully hear the pleading of your people  
and bestow your peace on our times.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.  
**Amen.**

**THE LITURGY OF THE WORD**

**FIRST READING**

*(Is 49:3.5-6)*

A reading from the prophet Isaiah.  
The Lord said to me, 'You are my servant, Israel,  
in whom I shall be glorified';  
I was honoured in the eyes of the Lord,  
my God was my strength.  
And now the Lord has spoken,  
he who formed me in the womb to be his servant,  
to bring Jacob back to him,  
to gather Israel to him:

'It is not enough for you to be my servant,  
to restore the tribes of Jacob and bring back the  
survivors of Israel;  
I will make you the light of the nations  
so that my salvation may reach to the ends  
of the earth.'

The word of the Lord.

**Thanks be to God.**

**RESPONSORIAL PSALM**

*(Ps 39:2.4.7-10)*

**℟ Here I am, Lord!  
I come to do your will.**

1. I waited, I waited for the Lord  
and he stooped down to me;  
he heard my cry.  
He put a new song into my mouth,  
praise of our God. **℟**
2. You do not ask for sacrifice and offerings,  
but an open ear.  
You do not ask for holocaust and victim.  
Instead, here am I. **℟**
3. In the scroll of the book it stands written  
that I should do your will.  
My God, I delight in your law  
in the depth of my heart. **℟**
4. Your justice I have proclaimed  
in the great assembly.  
My lips I have not sealed;  
you know it, O Lord. **℟**

**SECOND READING**

*(1 Cor 1:1-3)*

A reading from the first letter of St Paul  
to the Corinthians.

I, Paul, appointed by God to be an apostle, together with  
brother Sosthenes, send greetings to the church of God in  
Corinth, to the holy people of Jesus Christ, who are called to

take their place among all the saints everywhere who pray  
to our Lord Jesus Christ; for he is their Lord no less than  
ours. May God our Father and the Lord Jesus Christ send  
you grace and peace.

The word of the Lord.

**Thanks be to God.**

*(Lk 19:38; 2:14)*

**GOSPEL ACCLAMATION**

**Alleluia, alleluia!  
Blessings on the King who comes,  
in the name of the Lord!  
Peace in heaven  
and glory in the highest heavens!  
Alleluia!**

*(Jn 1:29-34)*

**GOSPEL**



The Lord be with you.

**And with your spirit.**

A reading from the holy Gospel  
according to John.

**Glory to you, O Lord.**

Seeing Jesus coming towards him, John said, 'Look, there  
is the lamb of God that takes away the sin of the world. This  
is the one I spoke of when I said: A man is coming after me  
who ranks before me because he existed before me. I did  
not know him myself, and yet it was to reveal him to Israel  
that I came baptising with water.' John also declared, 'I saw  
the Spirit coming down on him from heaven like a dove and  
resting on him. I did not know him myself, but he who sent  
me to baptise with water had said to me, "The man on whom  
you see the Spirit come down and rest is the one who is  
going to baptise with the Holy Spirit." Yes, I have seen and I  
am the witness that he is the Chosen One of God.'

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**Profession of Faith**

*(Nicene Creed)*

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,**

*At the words that follow, up to and including  
and became man, all bow.*

**and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.**

**For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,**

who proceeds from the Father and the Son,  
who with the Father and the Son is adored  
and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

Or

**Profession of Faith** (Apostles' Creed)

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,

*At the words that follow, up to and including the Virgin Mary,  
all bow.*

who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God  
the Father almighty;  
from there he will come to judge the living  
and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

*The priest introduces the Prayer of the Faithful.*

## THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

**May the Lord accept the sacrifice at your hands  
for the praise and glory of his name,  
for our good  
and the good of all his holy Church.**

### Prayer over the Offerings

Grant us, O Lord, we pray,  
that we may participate worthily in these mysteries,  
for whenever the memorial of this sacrifice is celebrated  
the work of our redemption is accomplished.  
Through Christ our Lord.

**Amen.**

### Eucharistic Prayer II

(Preface Proper)

The Lord be with you. **And with your spirit.**  
Lift up your hearts. **We lift them up to the Lord.**  
Let us give thanks to the Lord our God.

**It is right and just.**

It is truly right and just, our duty and our salvation,  
always and everywhere to give you thanks,  
Father most holy,

through your beloved Son, Jesus Christ,  
your Word through whom you made all things,  
whom you sent as our Saviour and Redeemer,  
incarnate by the Holy Spirit and born of the Virgin.

Fulfilling your will and gaining for you a holy people,  
he stretched out his hands as he endured his Passion,  
so as to break the bonds of death and manifest  
the resurrection.

And so, with the Angels and all the Saints  
we declare your glory,  
as with one voice we acclaim:

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

You are indeed Holy, O Lord,  
the fount of all holiness.

Make holy, therefore, these gifts, we pray,  
by sending down your Spirit upon them like the dewfall,  
so that they may become for us  
the Body and  $\times$  Blood of our Lord Jesus Christ.

At the time he was betrayed  
and entered willingly into his Passion,  
he took bread and, giving thanks, broke it,  
and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended,  
he took the chalice  
and, once more giving thanks,  
he gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT,  
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

The mystery of faith.

**We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

Therefore, as we celebrate  
the memorial of his Death and Resurrection,  
we offer you, Lord,  
the Bread of life and the Chalice of salvation,  
giving thanks that you have held us worthy  
to be in your presence and minister to you.

Humbly we pray  
that, partaking of the Body and Blood of Christ,  
we may be gathered into one by the Holy Spirit.

Remember, Lord, your Church,  
spread throughout the world,  
and bring her to the fullness of charity,  
together with N. our Pope and N. our Bishop  
and all the clergy.

Remember also our brothers and sisters

who have fallen asleep in the hope of the resurrection,  
and all who have died in your mercy:  
welcome them into the light of your face.  
Have mercy on us all, we pray,  
that with the Blessed Virgin Mary, Mother of God,  
with blessed Joseph, her Spouse,  
with the blessed Apostles,  
and all the Saints who have pleased you throughout  
the ages,  
we may merit to be coheirs to eternal life,  
and may praise and glorify you  
through your Son, Jesus Christ.  
Through him, and with him, and in him,  
O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honour is yours,  
for ever and ever.  
**Amen.**

### THE COMMUNION RITE

At the Saviour's command  
and formed by divine teaching,  
we dare to say:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.

**For the kingdom,  
the power and the glory are yours  
now and for ever.**

Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity  
in accordance with your will.  
Who live and reign for ever and ever.  
**Amen.**

The peace of the Lord be with you always.  
**And with your spirit.**

*The priest may invite the people to exchange a sign of peace  
and Christian fellowship. As the priest breaks the consecrated  
Host the following is sung or said:*

**Lamb of God, you take away the sins of the world,  
have mercy on us.  
Lamb of God, you take away the sins of the world,  
have mercy on us.  
Lamb of God, you take away the sins of the world,  
grant us peace.**

*Showing the Host to the people, the priest says:*

Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

**Communion Antiphon** *(Cf. Ps 22:5)*

**You have prepared a table before me,  
and how precious is the chalice that quenches  
my thirst.**

### Prayer after Communion

Pour on us, O Lord, the Spirit of your love,  
and in your kindness  
make those you have nourished  
by this one heavenly Bread  
one in mind and heart.  
Through Christ our Lord.

**Amen.**

### THE CONCLUDING RITES

The Lord be with you.  
**And with your spirit.**

May the Lord bless you and keep you.  
**Amen.**

May he let his face shine upon you  
and show you his mercy.  
**Amen.**

May he turn his countenance towards you  
and give you his peace.  
**Amen.**

And may the blessing of almighty God,  
the Father, and the Son, ✠ and the Holy Spirit,  
come down on you and remain with you for ever.  
**Amen.**

Go forth, the Mass is ended.  
**Thanks be to God.**

### Personal Prayer

'Here I am, Lord, I come to do your will.' Let this be my  
prayer always.

You have prepared me, Lord, through the circumstances  
of my birth, my Baptism, my education, to take my place  
in the building up of your kingdom.

I seem to have so little to give, so little influence, yet  
your power works through my human weakness.

Give me the faith to see what I should do. Give me the  
courage and strength to do your will.