

The Eucharist

23 May 2021 ✦ PENTECOST SUNDAY



At Pentecost we celebrate God's welcoming us into his circle to share in the atmosphere of divine love, to grow in it, to receive strength from it, and to act as Jesus did. This atmosphere we cannot describe but we can list its effects on all it embraces: love, joy, peace, patience, kindness, goodness, trustfulness, gentleness and self-control (Gal 5:22).



Something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them.

THE INTRODUCTORY RITES

Entrance Antiphon

Vigil Mass: (Rm 5:5; cf 8:11)

The love of God has been poured into our hearts through the Spirit of God dwelling within us, alleluia.

Mass during the Day: (Wis 1:7)

The Spirit of the Lord has filled the whole world and that which contains all things understands what is said, alleluia.

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

And with your spirit.

Penitential Act

Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

A brief pause for silence follows.

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

And, striking their breast, they say:

through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

Amen.

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

Gloria

Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, / Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. Amen.

Collect

Vigil Mass:

Almighty ever-living God, who willed the Paschal Mystery to be encompassed as a sign in fifty days, grant that from out of the scattered nations the confusion of many tongues may be gathered by heavenly grace into one great confession of your name.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

Mass during the Day:

O God, who by the mystery of today's great feast sanctify your whole Church in every people and nation, pour out, we pray, the gifts of the Holy Spirit across the face of the earth and, with the divine grace that was at work when the Gospel was first proclaimed, fill now once more the hearts of believers. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

THE LITURGY OF THE WORD

VIGIL MASS

FIRST READING

(Gen 11:1-9)

A reading from the book of Genesis.

Throughout the earth men spoke the same language, with the same vocabulary. Now as they moved eastwards they found a plain in the land of Shinar where they settled. They said to one another, 'Come, let us make bricks and bake them in the fire.' – For stone they used bricks, and for mortar they used bitumen. – 'Come,' they said, 'let us build ourselves a town and a tower with its top reaching heaven. Let us make a name for ourselves, so that we may not be scattered about the whole earth.'

Now the Lord came down to see the town and the tower that the sons of man had built. 'So they are all a single people with a single language!' said the Lord. 'This is but the start of their undertakings! There will be nothing too hard for them to do. Come, let us go down and confuse their language on the spot so that they can no longer understand one another.' The Lord scattered them thence over the whole face of the earth, and they stopped building the town. It was named Babel therefore, because there the Lord confused the language of the whole earth. It was from there that the Lord scattered them over the whole face of the earth.

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM

(Ps 103:1-2. 24. 27-30. 35)

R Send forth your Spirit, O Lord,
and renew the face of the earth.

1. Bless the Lord, my soul!
Lord God, how great you are,
clothed in majesty and glory,
wrapped in light as in a robe! **R**
2. How many are your works, O Lord!
In wisdom you have made them all.
The earth is full of your riches.
Bless the Lord, my soul. **R**
3. All of these look to you
to give them their food in due season.
You give it, they gather it up:
you open your hand, they have their fill. **R**
4. You take back your spirit, they die,
returning to the dust from which they came.
You send forth your spirit, they are created;
and you renew the face of the earth. **R**

SECOND READING

(Rom 8:22-27)

A reading from the letter of St Paul to the Romans.

From the beginning till now the entire creation, as we know, has been groaning in one great act of giving birth; and not only creation, but all of us who possess the first-fruits of the Spirit, we too groan inwardly as we wait for our bodies to be set free. For we must be content to hope that we shall be saved – our salvation is not in sight, we should not have to be hoping for it if it were – but, as I say, we must hope to be saved since we are not saved yet – it is something we must wait for with patience.

The Spirit too comes to help us in our weakness. For when we cannot choose words in order to pray properly, the Spirit himself expresses our plea in a way that could never be put into words, and God who knows everything in our hearts knows perfectly well what he means, and that the pleas of the saints expressed by the Spirit are according to the mind of God.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!

**Come, Holy Spirit, fill the hearts of your faithful
and kindle in them the fire of your love.**

Alleluia!

GOSPEL

(Jn 7:37-39)



The Lord be with you.

And with your spirit.

A reading from the holy Gospel
according to John.

Glorify to you, O Lord.

On the last day and greatest day of the festival, Jesus stood there and cried out:

'If any man is thirsty, let him come to me!

Let the man come and drink who believes in me!'

As scripture says: From his breast shall flow fountains of living water.

He was speaking of the Spirit which those who believed in him were to receive; for there was no Spirit as yet because Jesus had not yet been glorified.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

MASS DURING THE DAY

FIRST READING

(Acts 2:1-11)

A reading from the Acts of the Apostles.

When Pentecost day came round, the apostles had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely,' they said, 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome – Jews and proselytes alike – Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM

(Ps 103:1.24.29-31.34)

R Send forth your Spirit, O Lord,
and renew the face of the earth.

1. Bless the Lord, my soul!
Lord God, how great you are,
How many are your works, O Lord!
The earth is full of your riches. **R**
2. You take back your spirit, they die,
returning to the dust from which they came.
You send forth your spirit, they are created;
and you renew the face of the earth. **R**
3. May the glory of the Lord last for ever!
May the Lord rejoice in his works!

May my thoughts be pleasing to him.
I find my joy in the Lord. **R**

SECOND READING

(Gal 5:16-25)

A reading from the letter of St Paul to the Galatians.

If you are guided by the Spirit you will be in no danger of yielding to self-indulgence, since self-indulgence is the opposite of the Spirit, the Spirit is totally against such a thing, and it is precisely because the two are so opposed that you do not always carry out your good intentions. If you are led by the Spirit, no law can touch you. When self-indulgence is at work the results are obvious: fornication, gross indecency and sexual irresponsibility; idolatry and sorcery; feuds and wrangling, jealousy, bad temper and quarrels; disagreements, factions, envy; drunkenness, orgies and similar things. I warn you now, as I warned you before: those who behave like this will not inherit the kingdom of God. What the Spirit brings is very different: love, joy, peace, patience, kindness, goodness, trustfulness, gentleness and self-control. There can be no law against things like that, of course. You cannot belong to Christ Jesus unless you crucify all self-indulgent passions and desires.

Since the Spirit is our life, let us be directed by the Spirit.

The word of the Lord.

Thanks be to God.

SEQUENCE

(The sequence may be said or sung.)

Holy Spirit, Lord of light,
From the clear celestial height
Thy pure beaming radiance give.

Come, thou Father of the poor,
Come with treasures which endure;
Come, thou light of all that live!

Thou, of all consolers best,
Thou, the soul's delightful guest,
Dost refreshing peace bestow.

Thou in toil art comfort sweet;
Pleasant coolness in the heat;
Solace in the midst of woe.

Light immortal, light divine,
Visit thou these hearts of thine,
And our inmost being fill:

If thou take thy grace away,
Nothing pure in man will stay;
All his good is turned to ill.

Heal our wounds, our strength renew;
On our dryness pour thy dew;
Wash the stains of guilt away:
Bend the stubborn heart and will;
Melt the frozen, warm the chill;
Guide the steps that go astray.

Thou, on us who evermore
Thee confess and thee adore,
With thy sevenfold gifts descend:

Give us comfort when we die;
Give us life with thee on high;
Give us joys that never end.

GOSPEL ACCLAMATION

Alleluia, alleluia!

**Come, Holy Spirit, fill the hearts of your faithful
and kindle in them the fire of your love.**
Alleluia!

GOSPEL

(Jn 15:26-27; 16:12-15)



The Lord be with you.

And with your spirit.

A reading from the holy Gospel
according to John.

Glorify to you, O Lord.

Jesus said to his disciples:

'When the Advocate comes,
whom I shall send to you from the Father,
the Spirit of truth who issues from the Father,
he will be my witness.
And you too will be witnesses,
because you have been with me from the outset.

I still have many things to say to you
but they would be too much for you now.
But when the Spirit of truth comes
he will lead you to the complete truth,
since he will not be speaking as from himself
but will say only what he has learnt;
and he will tell you of the things to come.

He will glorify me,
since all he tells you
will be taken from what is mine.
Everything the Father has is mine;
that is why I said:
All he tells you
will be taken from what is mine.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Profession of Faith

(Nicene Creed)

**I believe in one God, / the Father almighty, / maker of
heaven and earth, / of all things visible and invisible.
I believe in one Lord Jesus Christ, / the Only Begotten
Son of God, / born of the Father before all ages. / God
from God, Light from Light, / true God from true God, /
begotten, not made, consubstantial with the Father; /
through him all things were made. / For us men and for
our salvation / he came down from heaven,**

*At the words that follow, up to and including
and became man, all bow.*

**and by the Holy Spirit was incarnate of the Virgin Mary, /
and became man.**

**For our sake he was crucified under Pontius Pilate, /
he suffered death and was buried, / and rose again on
the third day / in accordance with the Scriptures. / He
ascended into heaven / and is seated at the right hand
of the Father. / He will come again in glory / to judge the
living and the dead / and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life, /
who proceeds from the Father and the Son, / who with
the Father and the Son is adored and glorified, / who
has spoken through the prophets.**

**I believe in one, holy, catholic and apostolic Church. /
I confess one Baptism for the forgiveness of sins / and
I look forward to the resurrection of the dead / and the
life of the world to come. Amen.**

The priest introduces the Prayer of the Faithful.



THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters), ...
**May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good and the good of all his holy Church.**

Prayer over the Offerings

Vigil Mass:

Pour out upon these gifts the blessing of your Spirit, we pray, O Lord, so that through them your Church may be imbued with such love

that the truth of your saving mystery may shine forth for the whole world. Through Christ our Lord.

Amen.

Mass during the Day:

Grant, we pray, O Lord, that, as promised by your Son, the Holy Spirit may reveal to us more abundantly the hidden mystery of this sacrifice and graciously lead us into all truth. Through Christ our Lord.

Amen.

Eucharistic Prayer

(Preface of Pentecost)

The Lord be with you. **And with your spirit.**
Lift up your hearts. **We lift them up to the Lord.**
Let us give thanks to the Lord our God.

It is right and just.

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God.

For, bringing your Paschal Mystery to completion, you bestowed the Holy Spirit today on those you made your adopted children by uniting them to your Only Begotten Son. This same Spirit, as the Church came to birth, opened to all peoples the knowledge of God and brought together the many languages of the earth in profession of the one faith.

Therefore, overcome with paschal joy, every land, every people exults in your praise and even the heavenly Powers, with the angelic hosts, sing together the unending hymn of your glory as they acclaim:

Holy, Holy, Holy Lord God of hosts. ...

The mystery of faith.

**Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.**

THE COMMUNION RITE

At the Saviour's command and formed by divine teaching, we dare to say:

Our Father, who art in heaven, ...

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

**For the kingdom,
the power and the glory are yours
now and for ever.**

Lord Jesus Christ, ...

Amen.

The peace of the Lord be with you always.

And with your spirit.

The priest may invite the people to exchange a sign of peace and Christian fellowship. As the priest breaks the consecrated Host the following is sung or said:

Lamb of God, you take away the sins ...

Showing the Eucharist to the people, the priest says:

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

Communion Antiphon

Vigil Mass:

(Jn 7:37)

On the last day of the festival, Jesus stood and cried out:

If anyone is thirsty, let him come to me and drink, alleluia.

Mass during the Day:

(Acts 2:4.11)

They were all filled with the Holy Spirit and spoke of the marvels of God, alleluia.

Prayer after Communion

Vigil Mass:

May these gifts we have consumed benefit us, O Lord, that we may always be aflame with the same Spirit, whom you wondrously poured out on your Apostles. Through Christ our Lord.

Amen.

Mass during the Day:

O God, who bestow heavenly gifts upon your Church, safeguard, we pray, the grace you have given, that the gift of the Holy Spirit poured out upon her may retain all its force and that this spiritual food may gain her abundance of eternal redemption. Through Christ our Lord.

Amen.

THE CONCLUDING RITES

The Lord be with you.

And with your spirit.

May almighty God bless you, the Father, and the Son, ✠ and the Holy Spirit.

Amen.

Go forth, the Mass is ended.

Thanks be to God.

Personal Prayer

The practice of reserving the consecrated bread mostly, but occasionally wine also, in a tabernacle, is universal. A good appreciation of this practice will involve connecting it with the celebration of the Eucharist where the four-fold action of the Lord: taking, blessing, breaking and giving is commemorated. His body and blood are given to his Church for the nourishment of his people. With this in mind the sacred elements are reserved for the veneration of the Church and when the occasion requires for the communion of those who are sick.