

THE INTRODUCTORY RITES

Entrance Antiphon

(Ps 105:47)

Save us, O Lord our God!
And gather us from the nations,
to give thanks to your holy name,
and make it our glory to praise you.

In the name of the Father, ... Amen.
The grace of our Lord ... And with your spirit.

Penitential Act

Brethren (brothers and sisters), ...

A brief pause for silence follows.

You were sent to heal the contrite of heart:
Lord, have mercy. Lord, have mercy.

You came to call sinners:
Christ, have mercy. Christ, have mercy.

You are seated at the right hand of the Father
to intercede for us:

Lord, have mercy. Lord, have mercy.

May almighty God have mercy on us, ... Amen.

Gloria

Gloria to God in the highest, / and on earth peace
to people of good will. / We praise you, / we
bless you, / we adore you, / we glorify you, / we
give you thanks for your great glory, / Lord God,
heavenly King, / O God, almighty Father. / Lord
Jesus Christ, Only Begotten Son, / Lord God,
Lamb of God, Son of the Father, / you take away
the sins of the world, have mercy on us; / you
take away the sins of the world, receive our
prayer; / you are seated at the right hand of the
Father, have mercy on us. / For you alone are
the Holy One, / you alone are the Lord, / you
alone are the Most High, Jesus Christ, / with the
Holy Spirit, / in the glory of God the Father.
Amen.

THE LITURGY OF THE WORD

FIRST READING

(Deut 18:15-20)

A reading from the book of Deuteronomy.
Moses said to the people: 'Your God will raise up
for you a prophet like myself, from among
yourselves, from your own brothers; to him you
must listen. This is what you yourselves asked of
the Lord your God at Horeb on the day of the
Assembly. "Do not let me hear again", you said, "the
voice of the Lord my God, nor look any longer on
this great fire, or I shall die"; and the Lord said to
me, "All they have spoken is well said. I will raise

up a prophet like yourself for them from their own
brothers; I will put my words into his mouth and he
shall tell them all I command him. The man who
does not listen to my words that he speaks in my
name, shall be held answerable to me for it. But the
prophet who presumes to say in my name a thing I
have not commanded him to say, or who speaks in
the name of other gods, that prophet shall die.'"
The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM

(Ps 94:1-2.6-9)

℟ O that today you would listen to his voice!
Harden not your hearts.

1. Come, ring out our joy to the Lord;
hail the rock who saves us.
Let us come before him, giving thanks,
with songs let us hail the Lord. ℟
2. Come in; let us kneel and bend low;
let us kneel before the God who made us
for he is our God and we
the people who belong to his pasture,
the flock that is led by his hand. ℟
3. O that today you would listen to his voice!
'Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw
my work.' ℟

SECOND READING

(1 Cor 7:32-35)

A reading from the first letter of St Paul
to the Corinthians.

I would like to see you free from all worry. An
unmarried man can devote himself to the Lord's
affairs, all he need worry about is pleasing the Lord;
but a married man has to bother about the world's
affairs and devote himself to pleasing his wife: he
is torn two ways. In the same way an unmarried
woman, like a young girl, can devote herself to the
Lord's affairs; all she need worry about is being holy
in body and spirit. The married woman, on the other
hand, has to worry about the world's affairs and
devote herself to pleasing her husband. I say this
only to help you, not to put a halter round your
necks, but simply to make sure that everything is as
it should be, and that you give your undivided
attention to the Lord.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

(Cf. Mt 11:25)

Alleluia, alleluia!
Blessed are you, Father,


(contd on back page)

Lord of heaven and earth,
for revealing the mysteries of the kingdom
to mere children.

Alleluia!

GOSPEL (Mk 1:21-28)

The Lord be with you. **And with your spirit.**

 A reading from the holy Gospel
according to Mark. **Glorify to you, O Lord.**

Jesus and his followers went as far as Capernaum,
and as soon as the sabbath came Jesus went to the
synagogue and began to teach. And his teaching
made a deep impression on them because, unlike
the scribes, he taught them with authority.

In their synagogue just then there was a man
possessed by an unclean spirit, and it shouted,
'What do you want with us, Jesus of Nazareth?
Have you come to destroy us? I know who you are:
the Holy One of God.' But Jesus said sharply, 'Be
quiet! Come out of him!' And the unclean spirit
threw the man into convulsions and with a loud cry
went out of him. The people were so astonished that
they started asking each other what it all meant. 'Here
is a teaching that is new', they said, 'and with authority
behind it: he gives orders even to unclean spirits
and they obey him.' And his reputation rapidly
spread everywhere, through all the surrounding
Galilean countryside.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Profession of Faith (Nicene Creed)

I believe in one God, / the Father almighty, /
maker of heaven and earth, / of all things visible
and invisible. / I believe in one Lord Jesus
Christ, / the Only Begotten Son of God, / born of
the Father before all ages. / God from God,
Light from Light, / true God from true God, /
begotten, not made, consubstantial with the
Father; / through him all things were made. / For
us men and for our salvation / he came down
from heaven,

*At the words that follow, up to and including
and became man, all bow.*

and by the Holy Spirit was incarnate of the
Virgin Mary, / and became man. / For our sake
he was crucified under Pontius Pilate, / he
suffered death and was buried, / and rose again
on the third day / in accordance with the
Scriptures. / He ascended into heaven / and is
seated at the right hand of the Father. / He will
come again in glory / to judge the living and the
dead / and his kingdom will have no end. / I

believe in the Holy Spirit, the Lord, the giver of
life, / who proceeds from the Father and the
Son, / who with the Father and the Son is adored
and glorified, / who has spoken through the
prophets. / I believe in one, holy, catholic and
apostolic Church. / I confess one Baptism for
the forgiveness of sins / and I look forward to
the resurrection of the dead / and the life of the
world to come. Amen.

The priest introduces the Prayer of the Faithful.

THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters), ...

**May the Lord accept the sacrifice
at your hands**

**for the praise and glory of his name,
for our good,
and the good of all his holy Church.**

Eucharistic Prayer

The Lord be with you. **And with your spirit.**

Lift up your hearts. **We lift them up to the Lord.**

Let us give thanks to the Lord our God.

It is right and just.

Sanctus

Holy, Holy, Holy Lord God of hosts. ...

After the Consecration

The mystery of faith.

Save us, Saviour of the world,

**for by your Cross and Resurrection
you have set us free.**

THE COMMUNION RITE

At the Saviour's command ...

Our Father, who art in heaven, ...

Deliver us, Lord, we pray, from every evil, ...

**For the kingdom,
the power and the glory are yours
now and for ever.**

Lord Jesus Christ, ... **Amen.**

The peace of the Lord be with you always.

And with your spirit.

Lamb of God, you take away the sins, ...

Behold the Lamb of God, ...

**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

Communion Antiphon (Cf. Ps 30:17-18)

Let your face shine on your servant.

Save me in your merciful love.

**O Lord, let me never be put to shame,
for I call on you.**