

THE INTRODUCTORY RITES

Entrance Antiphon

(Ps 94:6-7)

O come, let us worship God
and bow low before the God who made us,
for he is the Lord our God.

In the name of the Father, ... Amen.
The grace of our Lord ... And with your spirit.

Penitential Act

Brethren (brothers and sisters), ...

A brief pause for silence follows.

I confess to almighty God / and to you, my
brothers and sisters, / that I have greatly
sinned, / in my thoughts and in my words, / in
what I have done and in what I have failed to do,

And, striking their breast, they say:

through my fault, through my fault, / through my
most grievous fault; / therefore I ask blessed
Mary ever-Virgin, / all the Angels and Saints, / and
you, my brothers and sisters, / to pray for me to
the Lord our God.

May almighty God have mercy on us, ... Amen.
Lord, have mercy. Lord, have mercy.
Christ, have mercy. Christ, have mercy.
Lord, have mercy. Lord, have mercy.

Gloria

Glorify to God in the highest, / and on earth peace
to people of good will. / We praise you, / we bless
you, / we adore you, / we glorify you, / we give
you thanks for your great glory, / Lord God,
heavenly King, / O God, almighty Father. / Lord
Jesus Christ, Only Begotten Son, / Lord God,
Lamb of God, Son of the Father, / you take away
the sins of the world, have mercy on us; / you
take away the sins of the world, receive our
prayer; / you are seated at the right hand of the
Father, have mercy on us. / For you alone are the
Holy One, / you alone are the Lord, / you alone
are the Most High, Jesus Christ, / with the Holy
Spirit, / in the glory of God the Father. Amen.

THE LITURGY OF THE WORD

FIRST READING

(Job 7:1-4.6-7)

A reading from the book of Job.

Job began to speak:

Is not man's life on earth nothing more than
pressed service,
his time no better than hired drudgery?
Like the slave, sighing for the shade,
or the workman with no thought but his wages,

months of delusion I have assigned to me,
nothing for my own but nights of grief.
Lying in bed I wonder, 'When will it be day?'
Risen I think, 'How slowly evening comes!'
Restlessly I fret till twilight falls.
Swifter than a weaver's shuttle my days
have passed,
and vanished, leaving no hope behind.
Remember that my life is but a breath,
and that my eyes will never again see joy.

The word of the Lord. **Thanks be to God.**

RESPONSORIAL PSALM

(Ps 146:1-6)

R Praise the Lord who heals the broken-
hearted.

1. Praise the Lord for he is good;
sing to our God for he is loving:
to him our praise is due. **R**
2. The Lord builds up Jerusalem
and brings back Israel's exiles,
he heals the broken-hearted,
he binds up all their wounds.
He fixes the number of the stars;
he calls each one by its name. **R**
3. Our Lord is great and almighty;
his wisdom can never be measured.
The Lord raises the lowly;
he humbles the wicked to the dust. **R**

SECOND READING

(1 Cor 9:16-19.22-23)

A reading from the first letter of St Paul
to the Corinthians.

I do not boast of preaching the gospel, since it is a
duty which has been laid on me; I should be
punished if I did not preach it! If I had chosen this
work myself, I might have been paid for it, but as I
have not, it is a responsibility which has been put into
my hands. Do you know what my reward is? It is this:
in my preaching, to be able to offer the Good News
free, and not insist on the rights which the gospel
gives me.

So though I am not a slave of any man I have made
myself the slave of everyone so as to win as many
as I could. For the weak I made myself weak. I made
myself all things to all men in order to save some at
any cost; and I still do this, for the sake of the gospel,
to have a share in its blessing.

The word of the Lord. **Thanks be to God.**

GOSPEL ACCLAMATION


(Jn 8:12)

Alleluia, alleluia!

I am the light of the world, says the Lord,

anyone who follows me
will have the light of life.
Alleluia!

GOSPEL (Mk 1:29-39)
The Lord be with you. **And with your spirit.**

 A reading from the holy Gospel
according to Mark. **Glorify to you, O Lord.**

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Profession of Faith (Nicene Creed)

I believe in one God, / the Father almighty, / maker of heaven and earth, / of all things visible and invisible. / I believe in one Lord Jesus Christ, / the Only Begotten Son of God, / born of the Father before all ages. / God from God, Light from Light, / true God from true God, / begotten, not made, consubstantial with the Father; / through him all things were made. / For us men and for our salvation / he came down from heaven,

*At the words that follow, up to and including
and became man, all bow.*

and by the Holy Spirit was incarnate of the Virgin Mary, / and became man. / For our sake he was crucified under Pontius Pilate, / he suffered death and was buried, / and rose again on the third day / in accordance with the Scriptures. / He ascended into heaven / and is seated at the right hand of the Father. / He will

come again in glory / to judge the living and the dead / and his kingdom will have no end. / I believe in the Holy Spirit, the Lord, the giver of life, / who proceeds from the Father and the Son, / who with the Father and the Son is adored and glorified, / who has spoken through the prophets. / I believe in one, holy, catholic and apostolic Church. / I confess one Baptism for the forgiveness of sins / and I look forward to the resurrection of the dead / and the life of the world to come. Amen.

The priest introduces the Prayer of the Faithful.

THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters), ...

**May the Lord accept the sacrifice
at your hands**

**for the praise and glory of his name,
for our good,
and the good of all his holy Church.**

Eucharistic Prayer

The Lord be with you. **And with your spirit.**

Lift up your hearts. **We lift them up to the Lord.**

Let us give thanks to the Lord our God.

It is right and just.

Sanctus

Holy, Holy, Holy Lord God of hosts. ...

After the Consecration

The mystery of faith.

**We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.**

THE COMMUNION RITE

At the Saviour's command ...

Our Father, who art in heaven, ...

Deliver us, Lord, we pray, from every evil, ...

For the kingdom, ...

Lord Jesus Christ, ...

Amen.

The peace of the Lord be with you always.

And with your spirit.

Lamb of God, you take away the sins ...

Behold the Lamb of God, ...

Lord, I am not worthy

that you should enter under my roof,

but only say the word

and my soul shall be healed.

Communion Antiphon (Cf. Ps 106:8-9)

Let them thank the Lord for his mercy,

his wonders for the children of men,

for he satisfies the thirsty soul,

and the hungry he fills with good things.