

## THE INTRODUCTORY RITES

### Entrance Antiphon *(Cf. Ps 27:8-9)*

The Lord is the strength of his people,  
a saving refuge for the one he has anointed.  
Save your people, Lord, and bless your  
heritage, and govern them for ever.

In the name of the Father, ... **Amen.**  
The grace of our Lord ... **And with your spirit.**

### Penitential Act

Brethren (brothers and sisters), ...

*A brief pause for silence follows.*

I confess to almighty God / and to you, my  
brothers and sisters, / that I have greatly  
sinned, / in my thoughts and in my words, / in  
what I have done and in what I have failed to do,

*And, striking their breast, they say:*

through my fault, through my fault, / through  
my most grievous fault; / therefore I ask blessed  
Mary ever-Virgin, / all the Angels and Saints, /  
and you, my brothers and sisters, / to pray for  
me to the Lord our God.

May almighty God have mercy on us, ... **Amen.**  
Lord, have mercy. **Lord, have mercy.**  
Christ, have mercy. **Christ, have mercy.**  
Lord, have mercy. **Lord, have mercy.**

### Gloria

Gloria to God in the highest, / and on earth peace  
to people of good will. / We praise you, / we  
bless you, / we adore you, / we glorify you, / we  
give you thanks for your great glory, / Lord God,  
heavenly King, / O God, almighty Father. / Lord  
Jesus Christ, Only Begotten Son, / Lord God,  
Lamb of God, Son of the Father, / you take away  
the sins of the world, have mercy on us; / you  
take away the sins of the world, receive our  
prayer; / you are seated at the right hand of the  
Father, have mercy on us. / For you alone are  
the Holy One, / you alone are the Lord, / you  
alone are the Most High, Jesus Christ, / with the  
Holy Spirit, / in the glory of God the Father.  
**Amen.**

## THE LITURGY OF THE WORD

### FIRST READING *(Job 38:1.8-11)*

A reading from the book of Job.

From the heart of the tempest the Lord gave Job his  
answer. He said:

Who pent up the sea behind closed doors when it  
leapt tumultuous out of the womb, when I wrapped  
it in a robe of mist and made black clouds its  
swaddling bands; when I marked the bounds it was  
not to cross and made it fast with a bolted gate?  
Come thus far, I said, and no farther: here your  
proud waves shall break.

The word of the Lord.

**Thanks be to God.**

### RESPONSORIAL PSALM *(Ps 106:23-26.28-31)*

**R** O give thanks to the Lord,  
for his love endures for ever.

1. Some sailed to the sea in ships  
to trade on the mighty waters.  
These men have seen the Lord's deeds,  
the wonders he does in the deep. **R**
2. For he spoke; he summoned the gale,  
tossing the waves of the sea  
up to heaven and back into the deep;  
their soul melted away in their distress. **R**
3. Then they cried to the Lord in their need  
and he rescued them from their distress.  
He stilled the storm to a whisper:  
all the waves of the sea were hushed. **R**
4. They rejoiced because of the calm  
and he led them to the haven they desired.  
Let them thank the Lord for his love,  
the wonders he does for men. **R**

### SECOND READING *(2 Cor 5:14-17)*

A reading from the second letter of St Paul  
to the Corinthians.

The love of Christ overwhelms us when we reflect  
that if one man has died for all, then all men should  
be dead; and the reason he died for all was so that  
living men should live no longer for themselves, but  
for him who died and was raised to life for them.

From now onwards, therefore, we do not judge  
anyone by the standards of the flesh. Even if we did  
once know Christ in the flesh, that is not how we  
know him now. And for anyone who is in Christ,  
there is a new creation; the old creation has gone,  
and now the new one is here.

The word of the Lord.

**Thanks be to God.**

### GOSPEL ACCLAMATION *(Cf. Eph 1:17-18)*

**Alleluia, alleluia!**

**May the Father of our Lord Jesus Christ  
enlighten the eyes of our mind,**


*(contd on back page)*

so that we can see what hope his call holds for us.

**Alleluia!**

**GOSPEL** (Mk 4:35-41)

The Lord be with you. **And with your spirit.**

 A reading from the holy Gospel according to Mark. **Glory to you, O Lord.**

With the coming of evening, Jesus said to his disciples, 'Let us cross over to the other side.' And leaving the crowd behind they took him, just as he was, in the boat; and there were other boats with him. Then it began to blow a gale and the waves were breaking into the boat so that it was almost swamped. But he was in the stern, his head on the cushion, asleep. They woke him and said to him, 'Master, do you not care? We are going down!' And he woke up and rebuked the wind and said to the sea, 'Quiet now! Be calm!' And the wind dropped, and all was calm again. Then he said to them, 'Why are you so frightened? How is it that you have no faith?' They were filled with awe and said to one another, 'Who can this be? Even the wind and the sea obey him.'

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**Profession of Faith** (Nicene Creed)

I believe in one God, / the Father almighty, / maker of heaven and earth, / of all things visible and invisible. / I believe in one Lord Jesus Christ, / the Only Begotten Son of God, / born of the Father before all ages. / God from God, / Light from Light, / true God from true God, / begotten, not made, consubstantial with the Father; / through him all things were made. / For us men and for our salvation / he came down from heaven,

*At the words that follow, up to and including and became man, all bow.*

and by the Holy Spirit was incarnate of the Virgin Mary, / and became man. / For our sake he was crucified under Pontius Pilate, / he suffered death and was buried, / and rose again on the third day / in accordance with the Scriptures. / He ascended into heaven / and is seated at the right hand of the Father. / He will come again in glory / to judge the living and the dead / and his kingdom will have no end. / I believe in the Holy Spirit, the Lord, the giver of

life, / who proceeds from the Father and the Son, / who with the Father and the Son is adored and glorified, / who has spoken through the prophets. / I believe in one, holy, catholic and apostolic Church. / I confess one Baptism for the forgiveness of sins / and I look forward to the resurrection of the dead / and the life of the world to come. Amen.

*The priest introduces the Prayer of the Faithful.*

## THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters), ...

**May the Lord accept the sacrifice at your hands**

**for the praise and glory of his name, for our good and the good of all his holy Church.**

**Eucharistic Prayer**

The Lord be with you. **And with your spirit.**

Lift up your hearts. **We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just.**

**Sanctus**

**Holy, Holy, Holy Lord God of hosts. ...**

**After the Consecration**

The mystery of faith.

**We proclaim your Death, O Lord, and profess your Resurrection until you come again.**

## THE COMMUNION RITE

At the Saviour's command ...

**Our Father, who art in heaven, ...**

Deliver us, Lord, we pray, from every evil, ...

**For the kingdom, the power and the glory are yours now and for ever.**

Lord Jesus Christ, ...

**Amen.**

The peace of the Lord be with you always.

**And with your spirit.**

**Lamb of God, you take away the sins of the world, ...**

Behold the Lamb of God, ...

**Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

**Communion Antiphon**

(Ps 144:15)

**The eyes of all look to you, Lord, and you give them their food in due season.**